

# **BISHOP'S HULL PARISH MAGAZINE**

## **JANUARY 2024**



**A THRIVING VILLAGE COMMUNITY  
IN THE HEART OF SOMERSET**

**EDITOR**

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**MAGAZINE SUPPORT TEAM**

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**Magazine Cover:**

Photographs by  
Bob & Penny Coombs & Bob Winn

Articles relating to all aspects of our village and community  
are always welcome.

**Final date for acceptance: Mid-day on 12th of the month.**

Please help to make the magazine interesting by contributing material.

**When reading your free online copy or one of the the hard copies  
available in church please remember to support the few remaining  
advertisers whenever possible**

*It is emphasised that the views expressed in this magazine are not  
necessarily those of the the magazine editorial team, unless attributed,  
or those sent in by identifiable contributors.*

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**IDENTIFYING OUR LOCAL BIRDS - photos by BOB WINN**

**A SNOW  
BUNTING**



**Cover - Welcome (?) to the Woodland Walk!**





## **AWARD WINNING FAMILY RUN BUSINESS**

### **Shop and Post Office**

Open Monday – Friday 6.45am – 6pm

Saturday 8am – 6pm

Sunday 8am – 12pm

Tel – 01823 279168

### **Butchers**

Open Tuesday – Friday 8.00am – 3pm

Saturday 7.00am – 2pm

Sunday and Monday Closed

Tel – 01823 337497

## *The Frank Bond Centre*

84 Mountway Road, Bishop's Hull.

A place for the over 50s to meet new friends

Contact Carolyn 01823 283941 /Nadia 07958 246046

Come along to Frank's cafe on a Friday morning 10:00-12:00 and discover what activities could lie in store for you. The cafe is open to members and non-members.

The centre is centrally heated and open 10:00-16:00 Monday-Friday

### Weekly Activities:

**Monday** - The Painting Group 10:00-12:00, Whist Club 1:30-4:00  
Bridge Club 2:00-4:00 (except first Monday in the month),

**Tuesday – Board Games 10:00-4:00**

**Wednesday – Flexercise 10:00-11:00**

**Thursday- Bridge club 10:00-12:00-beginners welcome,  
Croquet 2:00- 4:00**

**Friday Pétanque 10:00-12:00,**

**Friday - Frank's Cafe 10:00-12:00**

### Monthly Activities:

1st Monday in month Family History 2:00-4:00

Beginners Bridge 2<sup>nd</sup> & 4<sup>th</sup> Tuesdays

2nd Tuesday in month Parchment 10:00-3:30

1st & 3rd Tuesday in month Crafty Coffee 10:00-12:00

2nd & 4th Thursday in month Mahjong 2:00-4:00

1st Wednesday in month Good companions 2:00-4:00

4th Wednesday in month Music appreciation 2:00-4:00

3rd Thursday in month Monthly lunch-please write name on list in foyer

Annual membership £25 Find us on Facebook (& 'Like' us)

There are many more exciting activities... Table tennis, cards, books, puzzles A variety of social events take place throughout the year.

The centre is available to hire

For bookings please contact Nadia 01823 338242/07958 246046

**Vicar:**

Reverend Philip Hughes ,  
The Vicarage, Bishop's Hull Hill,  
Bishop's Hull, TA1 5EB  
01823-336102

**Church Warden:**

Mr Will Osmond, 01823-461820



**H**ere we are on the threshold of another year and many of us will be wondering what the future holds. In this, we are not alone. It is estimated that the world population has reached **8,118,835,999** souls, all hoping for a better life in 2024.

You may well ask, “As there are so many people in the world, which countries have the highest **population densities**”, i.e. where are the pressure points?

Here are those countries at the top of the table - India 1,429 million (431 p/km<sup>2</sup>), The Netherlands 18 million (424 p/km<sup>2</sup>), Germany 83 million (333 p/km<sup>2</sup>), Japan 142 million (326 p/km<sup>2</sup>), United Kingdom 68 million (278 p/km<sup>2</sup>), Nigeria 224 million (242 p/km<sup>2</sup>) , Republic of Korea 52 million (217 p/km<sup>2</sup>) and Italy 59 million (195 p/km<sup>2</sup>). It would appear that Canada and Australia are amongst the lowest densities with only 3 p/km<sup>2</sup>).

Current trends predict there will be no population growth in 22 countries and there will be varying amounts of growth in the remaining 195. Is the UK amongst that 195? The answer is yes: we are 135th in this list with a predicted growth rate of 0.79%. Surprisingly, Oman tops the list with 5.83%.

A world map shows that the largest losses of population is currently happening in the E.U. and the largest growth is in the African continent. You may well ask if this trend is likely to continue into the future? Answer - possibly.

With so many people living on the planet it is not surprising that the demand for a better life is a constant. We all strive to better our place in society not only for ourselves but for our families, wherever we live. Sadly, much of mankind, does not co-operate with their neighbours and one mans ideal can be another mans war.

History shows that, wherever you live, circumstances are constantly on the move; values change, ideas flourish, new concepts arrive, science advances, some become poorer and some become richer. As all these things happen around us we sometimes feel somewhat helpless and look for someone to blame except, of course, ourselves.

As one becomes older (and wiser, I hope) fatigue starts to set in. Hopefully we feel one has done their ‘bit’, set their family on the right path and done a little good along the way. Can we safely ‘pass the baton’ and sit back at last in the hope all will be well? Maybe 2024 will be the year, but I think not. HNW!

# The vicar writes.....

Dear Brothers and Sisters in Christ

## Happy New Year!

**A**t the start of this year it is a good time to reflect on what was, and on what will be. This is one person's reflection on the love which God has for each of us – in light of Christmas and Easter...



“Jesus did not come to make God's love possible, but to make God's love visible.

God loves each of us as if there were only one of us. God does not love us because we are valuable. We are valuable because God loves us. However devoted you are to God, you may be sure that God is more devoted to you. We have a God who loves. That means we have a God who suffers. The Bible says, “for God so loved the world that he gave his only son so whoever believes in him should not perish but have everlasting life.”

If you are wondering who wrote that, it is the same person who is leading our monthly video series called **just10** – a revisiting of the 10 commandments. We have looked at commandments 10, 9, 8 and 7 already. We will be looking at #6 in January and you are most welcome to join us in church for this on Sunday 07 January 2024 at 10am.

**Jumper January is happening again!** If you have a jumper you no longer want or need then why not donate it to our Jumper January appeal? It includes jumpers, cardigans, fleeces, home-made as well as 2nd hand. If it is still useable and clean then we want it! Donations can be made any time the church is open. Or left in a plastic bag in the special wheely-bin outside church. All donations will be given to Open Door in Taunton for their work with people who are in need. Thank you!

## And there's more...

If you had a plastic tub with chocolates in for Christmas, why not eat the choccies and donate the tub to our special Recycle Appeal? It is actually any plastic tub with the recycle number 5 on it, and our collection will be added to DCW Recycling appeal for 2024. It runs until February 10th, so there is plenty of time to munch those Christmas choccies!

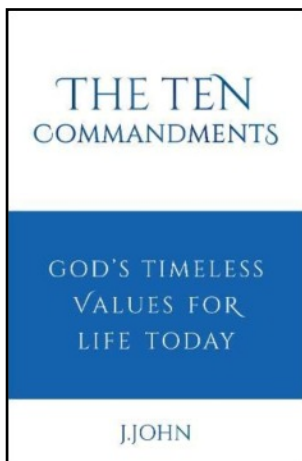
May we all draw close to God as we journey through this year.

May we be an encouragement to each other in our faith.

May we be blessed by and a blessing to those around us.

Your brother in Christ

Rev Phil Hughes, Vicar and Chaplain



**J**ust10 for churches is a fantastic ten week series based on the Ten Commandments, designed to equip local churches to communicate the relevance of God's laws of love in a way people can relate to today. Author, speaker, and evangelist J. John creatively brings to life God's Ten Commandments in a fresh and dynamic way. **Just10** includes ten entertaining and enlightening live presentations filmed in London and the North-East of England. J. John presents the commandments in a positive light, showing that far from being a set of rules to restrict us, they are the key to finding freedom in life.

The videos are being shown in the 10am service on the first Sunday of each month. We started in September 2023 and looked at the command "Do not covet" or, as J. John puts it, "How to Find Contentment". The next video will be at 10am on 07 January 2024 in St Peter and St Paul, Bishop's Hull Parish Church – and you are welcome to join the adventure!

### **St Peter's & St Paul's Church Bridge Coffee Mornings**

**The Bridge** is what we have called the New Welcome Area.

The Church is opening **the Bridge** for our return of the Monthly Coffee Mornings to be held on the last Saturday of each month and running now through the rest of 2024.

We would like to extend a warm welcome to all at the next coffee morning on **Saturday 27th January 2024** please come along to have a Coffee/Tea and cakes, with a friendly chat. From 10am till 12noon.

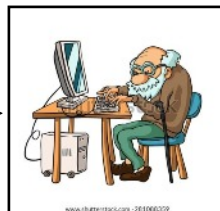




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Editor Bob

## LETTERS TO THE EDITOR

# ZERO

### Used stamps - collection point

If you would like to donate your used postage stamps to raise funds for the Children's Hospice Southwest, there is a collection box at the Bishop's Hull Post Office.



### COST OF POSTING A LETTER from **OCTOBER 2023**

#### NORMAL SIZE LETTER

FIRST CLASS	£ <b>1.25</b>	SECOND CLASS	£ <b>0.75p</b>
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#### LARGE LETTER 100g

FIRST CLASS	£ <b>1.95</b>	SECOND CLASS	£ <b>1.55</b>
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### Defibrillators

**H**opefully, you will never need to use one, but did you know in Bishop's Hull there are four defibrillators!

The locations are: outside the HUB, outside the Frank Bond Centre, outside the Robin Close meeting room and inside Bishop's Hull Primary School.

In addition, to familiarise yourself with where there are defibrillators, please follow the link below: <https://www.defibfinder.uk/>



### **Meet Your Councillor**



Name: *Nick Fernandes*

#### **Where are you likely to be seen in the village?**

*Walking our ageing chocolate Labrador, Maya, slowly around the village and Netherclay community woodland or walking to/from circuit training in the Hub at silly o'clock in the morning.*

**Why are you a Parish Councillor?** *When I was informed of the vacancies on the Parish Council, I did think whether I had the time to give but I've since*

*found that is not as onerous as I first thought. I've always tended to get involved rather than just participating; previously been a vice chair of governors, a youth orienteering coach, charity event organiser, so this is me getting involved in the community rather than just living in the village.*

**When not volunteering as a Parish Councillor, what are you likely to be doing?** *I work full time as a Civil Servant for the Ministry of Defence and am either working from home or in Bristol, Portsmouth, Scotland or Bahrain. I am a keen cyclist and walker often found persuading others to take on challenges; I wrote this as I prepared to travel for the Yorkshire three peaks challenge with two friends which was successfully completed. I'm slowly developing my fly-fishing skills and the fish are quite safe at the moment.*

**What would people be surprised to know about you?** *I played three seasons of American Football for the Duchy Destroyers in Truro as offensive right guard in the mid 80's.*

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### **Bishop's Hull HUB**

**S**aturday 12th January 2024 10-12 noon: **Hub Cafe**, Gift Swap Shop! Bring any unwanted Christmas presents (new and unopened) to swap.

**Youth Club**, ages 11-17 for Bishop's Hull youngsters. £1 entry and tuck shop available. No club running in December, Saturday 20th January 7:15pm-9:15pm.

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**Bishop's Hull Primary School** new flower and shrub bed - The Hub gardening team has been asked to help design, plant, and assist with the ongoing maintenance of the flower bed at the entrance to the school.

We are looking for volunteers to help with this and would also appreciate any financial donations to help purchase the plants.

We hope to make available the proposed planting scheme soon.

If you would like to contribute in any way, please get in touch. Thank you.

**David 07977 474873 or [david.gurr@btinternet.com](mailto:david.gurr@btinternet.com)**

## **Parish Council News**

### **Resolutions made at November 2023 meeting.**

Members agreed to:

- ~ To be the appointing Authority for the Structural Engineer and Architect for the Sensory Trail
- ~ Agreed the draft Heads of Terms agreement wording for the transfer of land from the Bishop's Hull Village Hall & Playing Fields Trust (BHVH&PF Trust) to enable the Sensory Trail to progress
- ~ To pass on the £1,700.00 grant from Somerset Council to BHVN&PF Trust, this will be the last year Somerset Council will grant any funds
- ~ To employ Darren Penny for 8 weeks for leaf clearance in high risk areas of the village
- - To approach the Youth Club, to see if the attendees would be happy to share their views and ideas on the Village and listen to any requests from them
- - To accept a quote from Weavo of £926.89 + VAT to supply 8 raised beds and a picnic bench to the allotments, following funds received from the SALC Health and Wellbeing fund.

Next meeting date was on Thursday 7th December, 7.00 p.m. at the HUB.

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### **Speed Indicator Device (SID)**

The SID was moved to Bishops Hull Road for a short period of time and has now been relocated back at Waterfield Drive (November/December). When the SID locations were agreed by Somerset Council, they advised the Parish Council could use the lampposts. Unfortunately, Somerset Council has now changed their mind and advised that dedicated posts need to be installed at a cost of £250 each. The Parish Council had previously ring-fenced £2500 of CIL funds to purchase the SID, but then received a grant from Avon and Somerset Police to cover the full cost of the purchase. Members therefore agreed to use these ring-fenced funds to install posts.



Consultation took place on the proposed new locations at the Bishop's Hull HUB Café on December 9th.

Proposed new locations will be on Waterfield Drive, Silk Mills, Bishop's Hull Road and Wellington New Road.

In addition you can email the Parish Clerk if you have any concerns:  
[bishopshullparishclerk@gmail.com](mailto:bishopshullparishclerk@gmail.com)

## **The Bell-ringers of Bishop's Hull.**

For my article this month, I would like to tell you about my visit to see the Bell-ringers of Bishop's Hull, who held an 'open tower' morning today at St Peter and St Paul, Bishops Hull. It was lovely to see so many local residents come along to see demonstrations of the ancient art of bell-ringing and chat to the ringers, whilst enjoying tea, coffee, cake and biscuits.



Under the expert supervision of Tower Captain Giles Morley, some of us (including me) had a go at ringing a bell. There's certainly a lot more to it than one would think, and with an estimated 40,000 bell-ringers in England, I can see why it's so popular. I'd like to thank Giles and his team of Bell-ringers for making me so welcome.

A note from Giles:

*"Anyone over the age of 8 years is capable of ringing a bell with no upper age limit, and it's good exercise, both mental and physical."*

*"The bell-ringing fraternity are a very friendly bunch, and once you have mastered the art of ringing a bell you would be welcomed in any of the 6,000 plus towers with rings of bells in England alone!"*



If you have any questions or would like to join the team, don't hesitate to call Giles Morley on 01823 430710.

I'd like that take his opportunity to wish you all a very Merry Christmas.

*John Hunt*

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## **Netherclay Community Woodland**

It has been a very wet second half of the year and maintaining the grass paths and other maintenance work has been a challenge. Behind the scenes we have been very busy and now have a Woodland Management Plan agreed with the Forestry Commission. Students from the Cannington Campus started the felling of trees at the end of November, as per the thinning process agreed in the Plan. Volunteers meet every Tuesday morning at 9:30, weather permitting. If you would be interested in finding out more about what we do, so please get in touch.



David 07977 474873 or [David.gurr@btinternet.com](mailto:David.gurr@btinternet.com)

## Volunteer to be an Independent Visitor or Advocate for children in Somerset



Would you like to make a positive difference in 2024?



There's a famous quote from Rev Sydney Smith "It is the greatest of all mistakes to do nothing because you can only do a little. Do what you can."

From as little as a couple of hours a fortnight and less than a week's quality training, you could be making purposeful contact with a young person and make a positive difference for them through outings, conversations, activities and more...

Route1 have two volunteering opportunities: Independent Visitor and Advocate.

Independent Visitors are volunteers who befriend and spend time with a child or young person who is in the care of the Local Authority. We will match your interests and skill set with a young person who will best suit your support. You and the young person have the freedom to decide what you do, how you do it, to build a meaningful friendship.

One young person with an Independent Visitor said: "Things I get from my IV relationship... is space from the world, where I can have an open and honest conversation with, at first a stranger, that becomes a friend. I would be happy to say it is a really good experience!"

An Advocate is an independent person who can offer one-to-one support to children and young people to have their voice heard when meetings are taking place concerning their wellbeing. It's the role of the Advocate to speak up for the young person, make them aware of their rights, listen to them and represent their views, wishes and feelings.



The Chair of a Child Protection Conference said "I am always amazed by the calibre of the volunteers and how generous they are with their time." Why not join our bank of advocates?

Your volunteering can be arranged to suit your availability. Your life experience will be highly valued, and you will be trained and supported in developing key skills.

To find out more, contact us: 01749 822801

[route1businesssupportadmin@somerset.gov.uk](mailto:route1businesssupportadmin@somerset.gov.uk)  
[www.route1advocacy.co.uk](http://www.route1advocacy.co.uk) or scan the QR code







# 'Cinderella'

**THURS 15 - SAT 17 FEBRUARY, 2024**

Our pantomime **Cinderella** will be presented in Bishops Lydeard Village Hall.

The fairytale, originally titled *Cendrillon*, meaning 'little ashes' was written in 1697 by a French academic, based on traditional folklore stories. The title translates into English as Cinderella.

Our version of this classic 'rags to riches' love story, written by the author Ben Crocker, is tongue in cheek, escapist magic.

The Ugly Sisters are suitably ugly and mean-spirited. The Fairy Godmother is suitably wise and benevolent. It's always pleasing when Good triumphs over Evil and there's a happy ending!

**Come and join us for some light-hearted, family entertainment on Thurs 15<sup>th</sup> - Sat 17<sup>th</sup> Feb at 7.30pm, with an additional matinee performance at 2.00pm on Sat 17<sup>th</sup> Feb.**

**Tickets Adult £10 : Under 16 £5**

Buy your tickets online at: [www.ticketebo/bishopshlydeardplayers](http://www.ticketebo/bishopshlydeardplayers)  
or via the link on our Facebook page

For all other enquiries, please message Marion: 07761 688564

**B**ishops  
**Lydeard**  
**LP**layers





## **BISHOP'S HULL IN TIMES PAST**

Older readers may remember Dot and Stan Smith who were stalwart members of St Peter & St Paul Church. In 1988, Dot submitted an item to the Parish Magazine on Bishop's Hull's history. The following is based on her article.

Noting that the village had grown from a population of 683 in 1801 to over 3,000 in 1988, although it was struggling to keep its identity, Dot considered that it was succeeding.

The Bishop of Winchester's purchase of the manor of

Taunton in 904 explains the name's earlier form:

'Hyllebishopes', the hill belonging to the Bishop, who still owns the mineral rights. From 1120 the church belonged to Taunton Priory. Dr Crotch, first principal of the Royal Academy of Music, was buried in the churchyard in 1847. At that time, the parish extended into Taunton, containing both the castle and the grammar school, where his son was the headmaster. The Manor was built about 1530 by Simon Farwell, who came from Yorkshire. His grandson, whose alabaster effigy in the robes of a Doctor of Law, is in the Church, added wings and the dated porch in 1586. Parts of Haydon House may be older than the Manor. Old 'Milligan', now rebuilt, was in 1851 a 'classical school' for boys.

At Upcott Mr Cowan, a well-known bee-keeper, planted lime trees for his hives. Formerly there was a malt house, Sully's and Fry's smithies and on the Wellington New Road, opened in 1838, the firms of Cornish and Moss making bricks. In a Valentine's Day skating tragedy, Mr Moss's twin daughters were drowned there. Cornishway Industrial Estate commemorates the brickyards.

There have been five mills - at Fideoak, Longaller, Greenbrook, Roughmoor and Tytherleigh. Inns were numerous, including the Old and New, Boot, Compass, Crown, Red Lion and Sugar Loaf. A school at the bottom of Shutewater Hill preceded the Board School of 1893, itself superseded by the current primary school and community centre.

Frank Bond, a local businessman, left land and money to help the elderly. The Frank Bond Centre is a social club in his former home. St Margaret's Somerset Hospice and the Abbeyfield Care Home, both opened in 1987, owe much to his generosity.

Gone are the cob cottages opposite Haydon House, where one stout lady sat outside pressing her husband's shirts by sitting on them! Carts no longer follow the old main road to the west through the village carrying criminals to be hanged by Stone hamlet - Stonegallows. Hanging here was the punishment for men who had stolen sheep, horses or cattle, money, or even a box of lace.

We now have flats for the elderly and large new estates in the village. The 1842 Tithe Map bears many interesting field names: Beggar's Bush and Dry Piece (poor land?); Tucking Leazs, where cloth was stretched on tenterhooks;



**Dot in her teens**



**Dot and Stan in 2007**

Honeylands; Checkry (chicory?) Field; Long Gutter Mead. There were two withy-beds and a hop-garden. Part of the Taunton – Topsham Canal, begun in 1798, ran through Roughmoor – its bridge by the former level crossing was demolished only in 1979 when the new Silk Mills Road was made. The Parish Council, conscious of history, has used some old field names for new roads: Great Mead, Gillards, Jarmyns (Edward Jarman owned the Manor in the 1830's).

Dot concluded her piece by saying that we remember our past, while each month the excellent Parish Magazine carries us into the future.

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**Merry Christmas Everyone.**

I'm writing this month's article the morning after a fun Christmas party with the members of Taunton Bowling Club, held at their Vivary Park clubhouse. In these rather depressing times, I had already decided to write a light-hearted article, and thought a few Christmas jokes would help to cheer us all up a little.

As everyone finished eating, there they were, lots of very silly Christmas cracker jokes scattered all over the tables, ideal material for my article. So, here are my favourite 12 from an extremely corny selection (answers below), which of course is all part of the Christmas tradition, sighing in despair at dreadful cracker jokes. See how many you can answer >>>

1. What kind of motorbike does Santa ride? 2. What do snowmen like to do at the weekend? 3. What has four legs and can't walk? 4. Which of Santa's reindeer loved to party? 5. What do you call a crazy golfer? 6. What do you call a row of men waiting for a haircut? 7. What sort of ball doesn't bounce? 8. What do you get when you cross a snowman with a vampire? 9. What happened to the Hyena who swallowed an Oxo cube? 10. What do you get if you cross a skeleton with a detective? 11. What is every Elf's favourite type of music? 12. Where do you find a Christmas tree?

Before I give you the answers, I'd like to take this opportunity to wish you all a very Merry Christmas and a Peaceful, Happy, Healthy New Year.

**Answers: 1. A Holly Davidson. 2. Chill out. 3. A table. 4. Dancer. 5. A crack putt. 6. A barbecue. 7. A snowball. 8. Frostbite. 9. He made a laughing stock of himself. 10. Sherlock Bones. 11. Wrap music. 12. In between a Christmas two and a Christmas Four.**

John Hunt





**Netherclay  
Woodland**  
**2 December  
2023**





### **BISHOP'S HULL WOMENS INSTITUTE**

**B**ishop's Hull WI is a group of friendly women with meetings held normally on the **4th Thursday of the month** (except August) at 7.15pm at the Bishop's Hull Hub.

These monthly meetings have a speaker or other activity together with business items. The speaker at the January meeting will be George Betel from The Secret World Wildlife Rescue Service in High bridge. Topics for future meetings will be published here each month.

Lunches and coffee/ brunches are organised monthly. Additionally there is a walking group arranged fortnightly(except mid winter and August) and a Scrabble group meets on a monthly basis. A day trip usually takes place in August.

Why not come along to one of our meetings where you will be warmly welcomed. The cost is £4( up to three meetings) deducted from the annual subscription upon joining.

Further information may be obtained from Heather Blackmore the group's secretary Tel: 01823 283884/07963834365.

### **Having a religious faith makes you happier**

**P**eople who have a religious faith are generally happier and more resilient than atheists and other non-religious people.

That is the finding of a new study, *Keep the Faith: Mental health in the UK*, which has been recently published by the Institute for the Impact of Faith in Life (IIFL). The think tank was set up to study the part that religious faith plays in the UK. It was the first to focus exclusively on the link between people's faith and their mental health in the UK. The survey included Christians, Buddhists, Sikhs, Muslims and Hindus, with nearly 70 per cent of them reporting a good psychological well-being, as compared with only 49 per cent of atheists.

As for happiness, just nine per cent of people with a faith said they were unhappy, as compared with nearly a quarter of atheists.

It was also found that believers feel they have more self-control, more life satisfaction, and more optimism about their future. Only nine percent of believers were pessimistic, as opposed to 30 percent of non-believers.

But it seems that practising your faith is important. Even among believers, those who regularly attend religious services are far more likely to report positive psychological wellbeing, when compared to those who rarely or never attend such services. Overall, the IILF has concluded that the rapid secularisation of the UK has left many people with lowered resilience and lowered wellbeing. As the author of the study, Dr Rakib Ehsan, says: "while the fast-paced secularisation of the British has been cited as a form of social progress, this appears not to be the case from the perspective of mental health."



## **Neighbourhood Beat Team**



PCSO Lyndsay Smith 07802 874297

lyndsay.smith@avonandsomerset.police.uk



PCSO Marshall Bernhard 07849 305815

marshall.bernhard@avonandsomerset.polic



Police Community Support  
Officer  
PCSO 2582  
Simon FARRY

**Avon and Somerset Police**  
**SERVE. PROTECT. RESPECT.**

### **Speeding Notice**

A Notice of Intended Prosecution is sent out when a vehicle has been detected driving in excess of the speed limit.

The first Notice is sent to the vehicle's DVLA registered keeper, who has to identify the driver.

You may have received a Notice if the registered keeper has identified you as being the possible driver during the alleged speeding offence.

### **Identifying the driver**

You must reply within 28 days of receipt of the Notice, to confirm who the driver was at the time of the alleged speeding offence.

If you were the driver, you must confirm this and choose from the driver's options on your Notice.

If you were not the driver, you must respond to the Notice providing details of who was driving. Once we receive your response, we will issue a new Notice to the person or company you have nominated. Do not give your Notice to anyone else to complete.

If you are unable to identify the driver, you must respond to the Notice and include a letter explaining what steps you have taken to try and

provide this information. Find out more about identifying the driver.

### **Driver's options**

Depending on the severity of your case, the option to go on a speed awareness course, or pay a fine and receive penalty points may be included in your Notice.

If these options are not included, they are not available in your case.

Speed awareness course

Fixed penalty fine and penalty points

Dispute the offence

If you have any further questions about how to reply to the Notice, read our guidance on completing the Notice.

### **Court summons**

You must send your driving licence details to the Conditional Offer Unit within the time stated on the Notice or any correspondence received from the Speed Enforcement Unit. If this date has passed, a court summons could be issued.



## LATE Christmas Security – Shopping Advice

**A**s most people have received their last pay packets before Christmas, this weekend is going to be the start of the final run-up to the big day. Here are some things to remember about keeping your property safe when out shopping.

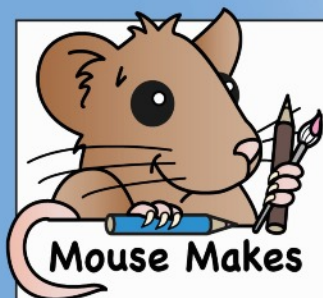
- 1. Keep your credit and credit cards safe. Ensure you keep wallets in a secure inside pocket or in front trouser pockets and that purses are in a closed or zipped part of a handbag. Don't leave handbags open to prevent "dipping".
- 2. Don't write down the PIN numbers of bank cards. If you do, don't keep them in the same place as your cards.
- 3. If you withdraw cash from a machine, keep your PIN number secret. Cover your hand when keying the PIN numbers and beware of anyone standing too close if there's a queue – they could be looking over your shoulder to get your number.
- 4. Don't keep receipts in the shopping bag. This makes it easy for thieves to return your purchase to the shop for a refund if its stolen.
- 5. Keep an eye on your shopping if you stop for lunch or a coffee, make sure you can see it at all times. Think about putting the chair leg through the handle of your shopping bags. Don't put bags or handbags on the back of your chair.
- 6. Buy large or most expensive items last so you have less time to lose them or have them stolen. Many shops will hold items back so you can pick them up on your way home.
- 7. If you return to your car to leave some shopping in it, put it in the boot out of sight. Ideally, you should drive away and park in another part of the car park. If anyone is watching the area, they'll think you've gone home rather than just dropping all your shopping off.

---

### Avon Fire & Rescue Service Practitioner Training

**F**ree training aims to help practitioners understand the risk and dangers of fire for those most vulnerable. It will cover topics including; cooking practices, hoarding, candles and smoking safety, electrical safety and how to make a referral into AF&RS. The training sessions will be held virtually on the following dates:

**16th January: 13:00 - 14:15**  
**22nd February: 11:00 - 12:15**  
**13th March: 10:00 - 11:15**  
**5th April: 13:00 - 14:15**  
**14th May: 11:00 - 12:15**  
**21st June: 11:00 - 12:15**  
**17th July: 11:00 - 12:15**  
**9th August: 11:00 - 12:15**  
**10th September: 13:00 - 14:15**  
**1st October: 10:00 - 11:15**  
**21st November: 11:00 - 12:15**  
**11th December: 13:00 - 14:15**



**EPIPHANY** is the time in the Church year that we remember when the 'wise men' or 'Magi' followed a star that led them to the Christ child Jesus. They bowed down, worshipped him and left *three* special gifts.



Where was Jesus born?

\_\_\_\_\_

Luke 2:1



What three gifts did the wise men give Jesus?



\_\_\_\_\_

and \_\_\_\_\_

Luke 2:11



Who was the king?

\_\_\_\_\_

Luke 2:1

Where did the wise men come from?  
the \_\_\_\_\_

Luke 2:1

How were the wise men warned not to return to Herod?  
In a \_\_\_\_\_

Luke 2:12

What had the wise men seen?

a \_\_\_\_\_

Luke 2:2



Look up the Bible verses, fill in the blanks, find them in the word search then look for the words opposite.

C H I L D S T A R J D K  
J E S U S W A E B O B I  
E S R E J O I C E Y O N  
W H A C H R I S T H R G  
S E E E O S J C H U N O  
Y P L A U H R U L E R L  
G H I S S I T H E R O D  
I E M T E P I P H A N Y  
F R A N K I N C E N S E  
T D R S W I S E M E N E  
S M Y R R H D R E A M I

JESUS  
WISEMEN  
WORSHIP  
SHEPHERD  
KING • JEWS  
CHRIST • CHILD  
BORN • RULER  
ISRAEL • REJOICE  
JOY • HOUSE • MARY  
GIFTS • EPIPHANY

How many other words can you make from the letters in EPIPHANY?





## **Bishop's letter - Hope in deed**



*I'd love to be writing a sunny New Year's article reflecting a boundless global optimism about the future. Yet the reality is very different. War in Ukraine drags on and tensions in the Middle East remain dangerous. The cost-of-living crisis continues and many are finding things tough. Pessimism rather than optimism is the order of our day.*

*In such circumstances, where can hope be found? For Christians, confidence and assurance rest in the promise of the future that God has in store for us. In the Bible God says: 'See, I am making all things new. I am the Alpha and the Omega, the beginning and the end' (Revelation 21: 5-6). Christian hope is that whatever may be happening to us now, God has a very different and favourable future in store for us.*

*Critically, the point of such hope is not just to enable us to say 'Well don't worry about present circumstances. It's all going to be all right eventually.' Hope's purpose is to shape how we live and what we do now. It's to enable us to live out the words of the old Christian Aid poster that said, 'We believe in life before death'.*

*Towards the end of last year, I had the privilege of visiting a number of the deaneries of our diocese. On those visits I heard at first-hand how through the work of our parishes, schools and chaplaincies, Christian hope translates into practical action for good amongst the everyday lives of local communities. We are offering debt counselling and food banks, support for families and care of the lonely and isolated. All these and many more were amazing examples of how we can join with God to 'make all things new' right here, right now.*

*So, as we start a new year, please can I encourage us all not to stare into our glasses, lamenting theirs being half full? Rather, through how we live and what we do, let us fill them with the new wine of God's kingdom – overflowing to the brim. For that is hope in deed.*

*Bishop Michael*

## **EAT WELL FOR LESS DURING JANUARY**

### **PORK CAKES WITH APPLE SAUCE**

2 cups cold minced pork  
2 cups breadcrumbs  
2 tablespoons flour  
Salt and pepper  
1 tablespoon chopped parsley  
1 egg beaten  
A little thyme  
1 dessertspoon chopped sage  
A little milk  
2 chopped shallots (or 1 small onion)



Mix all the dry ingredients, stir in the egg, adding a little milk to give the mixture the consistency of thick soft paste. Shape into four cakes, roll in fine browned crumbs

and fry lightly. (If you have prepared baked beans, place the pork cakes on top of the beans in the casserole and put back into the oven for 20 minutes before serving.) Mix 1½ cups of stewed beaten apples with 1 cup pork gravy, salt and pepper, and bring to boiling point. Serve separately.

\*\*\*\*\*

### **BOEUF AU GRATIN**



Remains of a joint of braised or roast beef. Cut the meat thin, and arrange on a dish cutlet-wise, one overlapping

the other; season with chopped parsley, eschalots, pepper and salt. Let it remain a. few minutes moistened with gravy (or water) mixed with Harvey's sauce or catsup; straw some fine bread raspings over, sprinkle with a little dissolved butter, and put into an oven for 10 minutes. When quite hot send to table

\*\*\*\*\*

### **CURRY AND RICE**

2 tablespoonfuls of fat  
1 onion (medium size)  
1 apple  
1 tablespoonful of sultanas  
1 dessertspoonful of gooseberry jam or sweet chutney or sugar  
1 dessertspoonful (heaped) curry powder  
1 tablespoonful of pea flour, or plain white flour  
1 teacupful of any stock  
Meat off the joint cut into small pieces



Peel the onion and apple, and cut into small pieces. Put the fat into a frying-pan, and when the smoke rises put in the onion, apple,

sultanas, jam and curry powder. Stir well to mix while frying. Gradually add a little stock to prevent burning, then add pea flour and mix to a smoothness, adding rest of stock, and salt to taste, till all is of a loose consistency. Put in the meat and let it all simmer slowly for 10 or 15 minutes. Cover and stand to side of the fire till rice is cooked. Sufficient for two or three persons.

\*\*\*\*\*

### **CHOCOLATE PUDDING**



4 oz. of self-raising flour  
2 teaspoonfuls of cocoa  
3 oz. of margarine powder  
3 oz. of granulated sugar  
1 egg  
A little milk

Beat margarine and sugar to a soft, white cream; beat until frothy, stir in beaten egg, add flour and cocoa powder (which should be mixed with a little milk). Put into well-greased basin and steam 1 hour.  
Serve with custard sauce.

\*\*\*\*\*

### **APPLE CAKE**

1/2 lb. of flour  
1 teaspoonful of baking powder  
1/4 lb. of sugar  
1/4 lb. of butter  
1 egg  
Cooking apples (prepared)



Rub butter into the flour, add sugar and baking powder, and moisten with egg (milk is not needed). Knead in bowl with hands till a stiff dough, and divide into two.

Line a tin, add the cooked apples (cold) and cover with paste; brush with egg and bake in a moderate oven.

### **OLD-FASHIONED STRAWBERRY SHORT CAKE** (American)



2 cupfuls of flour  
2 teaspoonfuls of sugar  
4 teaspoonfuls of baking powder  
3/4 cupful of milk  
1 cupful of butter  
1/2 teaspoonful of salt

Mix the dry ingredients, sift twice, and work in the butter with the tips of the fingers, and add milk gradually. Toss on a floured board.

Divide in two parts.

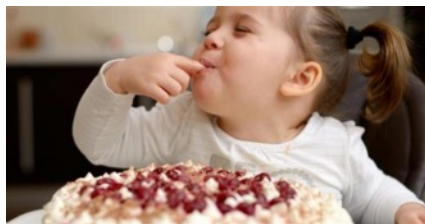
Roll out each half until it will fit into a round layer cake tin. Bake about 12 minutes in a hot oven. Split while hot, and spread with butter.

Crush strawberries, sweeten to taste, warm slightly ; put them between split short cake and on top.

Serve hot with cream.

If desired, extra strawberries, crushed and sweetened, may be passed with the cream.

This will make two short cakes; if only one is desired, divide the recipe in half.



### How to keep those New Year Resolutions

**W**e are full of good intentions at the start of each year. How come we fizzle out by February? Here are some tips to keep you going...

*Be realistic.* If you have a number of goals, do NOT attempt them all at once. Research has found that if you stagger your goals, you will have more success. So, for example, if this year you want to spend less money, do more exercise and spend more time with your family, start one change this month, another in February, and start the third in March.

*Be specific.* For example, don't tell yourself: Lose weight. Decide exactly how much you want to lose. When do you want to lose it by? How will you do it? If you want more time with your family, how and when will you do that? The more exact you can be, the more likely you are to succeed.

*Write it down.* There's something about committing thoughts to paper that helps to cement your resolve. Why not start some sort of journal this year, to track your thoughts, your hopes, your goals – and your successes!



*Tell other people.* If you intend to do something, tell someone, and therefore you will feel more obliged to get going with it... your pride may keep you going when all else fails!

*Focus on GAIN, not loss.* Ever notice how many resolutions are about giving something up? Why not put it the other way round - instead of saying you will eat less, tell yourself you are headed for those skinny jeans....

*Give yourself rewards.* If you are quitting smoking or sweets, for example, put the money you would have spent in a jam jar, and treat yourself to something nice (and healthy) with it.

*Break your resolution into steps.* Some goals will take months to achieve. So – break each one down into tiny steps, and simply head for each step. Build in some time frames, to prevent you procrastinating.

*Finally, don't let failure defeat you.* You will make mistakes. But the secret is to simply get up again, and to keep going. Only if you stop are you really defeated. None of us are perfect,





## LOOKING AT YOU

### A simple way to reduce your risk of a heart attack

This is so easy that most of us can do it at home: simply climb about five flights of stairs a day.

So says a recent study, published in the journal *Atherosclerosis*. It found that climbing stairs on a regular basis may reduce the risk of strokes, blood clots, and heart attacks by as much as 20 per cent.

Climbing stairs is also good for burning fat. This is because you use your largest muscle groups, and so burn more calories. For example – stair climbing burns 23 per cent more calories than running; 250 per cent more calories than swimming, 63 per cent more than cycling, and a staggering 400 per cent more than walking at about three km/h.

As one biomechanics coach explained: “You can take the steps as fast – or slow – as you like, and still see benefits. That’s because the muscles are contracting and shortening under tension as they push the floor away.”

Climbing stairs is easier on the knees and hips than running, because there is less shock through the body.

\*\*

### When you stare at a word for too long

Have you ever stared at a single word for so long that, suddenly, it looks very odd, and loses its meaning? It is a phenomenon known as ‘Jamais Vu’, and you can experience it if you try scribbling a single word around 30 times, or for about a minute. Suddenly, it will look very peculiar. Researchers at the University of St Andrews asked

people to write out words, over and over again. About two thirds of them reported ‘Jamais Vu’, meaning ‘never seen’. One psychologist explained: “There is something about repeatedly encountering the same word that causes your awareness of that word being a proper word to remain unchanged, whilst your subjective experience of encountering that word starts to go a little ‘off’.”

‘Jamais Vu’ is often called a ‘dissociative experience’ – where aspects of conscience experience, that normally work seamlessly together, break down.

\*\*

### A simple way to help cut your risk of diabetes



A recent study published in the *British Journal of Sports Medicine* has found that your risk of diabetes falls for every kilometre per hour faster that you walk on average. Put simply, if you walk at a pace of 3km per hour (1.86 mph) you may lower your risk of developing Type 2 diabetes by at least 15 per cent. If you can walk briskly at a speed of 5km to 6km an hour (3.1 to 3.7mph) than you may cut the risk by 24 per cent. A lack of exercise and being overweight are among the factors that increase the risk of diabetes as someone gets older.

### Who needs retirement?

**I**t seems that working into your old age can be very good for you.

Certainly, there are increasing numbers of people in their 70s who are still going strong – and loving it. As one 77-year-old swimming coach explains: “It gives me purpose and satisfaction, and I get a real buzz from the interaction.”

As for celebrities, Dame Zandra Rhodes, 83, recently released her autumn/winter 2023 capsule collection with John Fluevog. Dame Esther Rantzen, 82, is still writing, campaigning, and broadcasting – all with stage four lung cancer.

As for leaders, King Charles, 75, has only just begun one of the world’s most prestigious jobs. And the next American president? Likely candidates seems to be Donald Trump, 77, or Joe Biden, 81. Certainly, medical evidence suggests that work is good for you. A 2021 BMC Public Health study found that full-time and part-time workers scored higher in mental health tests compared with retirees, while a study published in the Harvard Health Review found that people working past 65 were about three times more likely to be in good health.

\*\*

### Potatoes are not so bad for you after all



Potatoes have been a target of the anti-carb brigade for probably long enough. An affordable staple food for centuries, they have fallen out of favour in recent times, amid the trend for low-carb diets.

“The humble potato has been given a bad rap,” says Dr Duane Mellor, a senior teaching fellow at Aston Medical School in Birmingham. “The truth is that potatoes contain a lot of vitamins and other nutrients that are important for good health.” These include vitamin C, vitamin B6, potassium, and choline. Potatoes also contain fibre, including resistant starch. This helps to feed the gut bacteria, which in turn has a wide range of health benefits.

Both the skin and the flesh of potatoes are good for you. The skin provide fibre, and the flesh contains most of the vitamins and minerals. So, the healthiest way to cook potatoes is to boil or bake them in their skins.

\*\*

### Why you might want to eat eight strawberries a day

**S**trawberries are better for you than you probably know. They provide 100 per cent of the recommended daily vitamin C amount in a single cup serving, and they also contain heart-healthy nutrients such as folate, potassium, fibre, phytosterols and polyphenols.

A recent study has found that eating about eight of them a day for three months can improve your mood, help your memory, and lower any symptoms of depression. The study was carried out at the University of Cincinnati’s Academic Health Centre.

\*\*\*\*\*

### **Why funerals are going out of fashion**

**L**ess than half of the UK population now want their death to be marked with a funeral.

So says a major new research report called Love, Grief, and Hope: Emotional responses to death and dying in the UK, by the religion and society think tank Theos.

The findings are based on polling commissioned from YouGov, and reveal significant changes in the ways that people in the UK are approaching death and dying.

Less than half of respondents (47%) said they wanted a funeral. Just over one in 10 (13%) of respondents who did not want a funeral said this was because they did not have enough money saved, but far more said they felt the money could be better spent another way (67%).

Others said: “I don’t see the point” (55%) or “I don’t want a traditional service” (43%).

Existing polling from Sunlife indicates that direct cremation (or ‘take-away funerals’ where the body is taken directly to a crematorium without any service or other event) is now chosen for 18% of all deaths.

This new polling by Theos suggests that this trend could grow further, translating into a potential crisis for the funeral industry as a whole.

The researchers found that financial factors are significant in these decisions, but religious and spiritual adherence is even more influential: 76% of frequent worshippers said they wanted a funeral, compared to 38% who never attend.

Dr Madeleine Pennington, head of research at Theos, said: “It appears that the UK population no longer has a shared conviction on the importance of ritual frameworks to say goodbye. Market forces have a bigger impact on how we grieve, when we no longer approach grief itself through a ‘transcendent’ frame. In an age of declining formal religious affiliation, this is driving a significant realignment of British bereavement practices.”

Archbishop Justin Welby, commenting on the report, said: “It is shocking to discover that death may be seen as expensive, time-consuming and irrelevant, and that it is better just to move on.”

He calls for the Church to re-offer its “honed compassionate skills.” “We must re-open conversations, name Death, and think about how this compassionate caring can be re-shaped for this new world.”



## A further extract from E W Hendy's book (1943) Somerset Birds and some other folk.

### AUTUMN BIRD-SONG ON EXMOOR

**I**t has rained consistently all this October day; it quite often does on Exmoor; and yet this morning the woodlark sang continuously, in spite of the deluge. Every morning since 18th September, rain or fine, he has made melody.



The autumn song of birds is a controversial subject among ornithologists. Bird-song wanes in June, and decreases in July, until in August there are few singers. But in September and October there is a reawakening of this delightful music, though only among certain species. Why is this so? The **woodlark** usually stops singing in

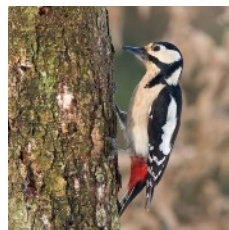
June or July. Only twice have I heard his song in August, on the 4th and 22nd. He starts again usually between the 5th and 18th September but sometimes not until October. He warbles intermittently throughout the winter when the temperature is mild, but November is often a songless month.

The **chirl bunting** is another autumn singer; in fact, like the woodlark, he sings all the year round; I heard one sing in August only an hour or two after his nestlings had been killed by a stoat. The robin's music cheers us in autumn and winter, and in any weather. He croons quietly to himself even in the sultry noons of July and August. Both song and mistle thrush are irregular songsters in winter; I have heard their strains in every month of the year.



The ring-dove, or **wood-pigeon**, sometimes coos his 'Take two cows, David, take' in September, and even in December. Thrice only have I heard a blackbird's song in winter—on 11th and 22nd December and 9th January. Nothing can curb a wren's exuberance; he will cock his tail and burst forth into a ringing peal, which makes his tiny form tremble, in autumn, or on a frosty December morning, or in the midst of the surliest November fog. The dunnock, too, sings in November and December.

The dipper's song I have heard to perfection in December: as I watched him perched on a boulder in the midst of Hornet Water I could see his throat throb with melody; his heart was in his song. The great tit begins its 'saw' note in December, and before Xmas you can hear starlings 'charming' at dusk on a mild evening. Green woodpeckers chuckle with exultant laughter in the dusk before Winter sunrises, and the **lesser-spotted Woodpecker** sometimes drums as early as New Year's Day.





**Willow-Warblers** sometimes prolong their songs into September but I have never caught a garden Warbler making music after July 11th and even then he is husky. (The Willow wren's strain is trickling water: the garden Warbler's a rushing rill.) Blackcaps usually stop singing early in July: sometimes they winter with us in West Somerset but do not so far as I am aware

sing at that time. Chiff-chaffs constantly chime in September and sometimes in October. I have written of chaffinches autumn and Winter songs in an earlier chapter.

These are the facts. But why do birds sing at all? In Lord Grey of Fallodon's book, *The Charm of Birds*, there is an imaginary but whimsical dialogue. A states the theory that birds sing when food is abundant and vitality high. B replies that in August and September when food is particularly abundant, there is least song. A returns the shuttle-cock by pointing out that birds, and particularly the males, are then exhausted by the reproduction of their species, and by the moult, and have not recovered sufficiently to be able to sing. But,

replies B, why then does the thrush sing in October, but not the blackbird? A suggests that the blackbird's moult is the more severe, but admits he cannot prove it. B then quotes the **robin's** August song, although his summer moult is drastic. If food and warmth are the decisive factors in song, why does the mistle thrush sing in Winter ?



And so on, very pleasantly. Lord Grey sums up by saying that though food is essential to song it does not cause it: that courtship and 'territorial sense' are causes of song, but that sometimes birds sing simply from a sense of well-being. I believe that the exponents of the territorial



theory try to prove too much. Watch a **woodwarbler** 'reeling', or fluting his 'dear, dear, dear' among the tree tops, or planing down into the fern ; his tiny leaf-green frame quivers

and thrills with emotion; or a song thrush, a Wren or a chaffinch, in fact any spring songster. The effect of his song may be to warn off trespassers on his demesne, but can any real bird-lover believe that the songster is

conscious of anything else but his own intense ecstasy, the joy of the spring in his blood? Some scientific devotees of the territorial theory seem myopic as to the aesthetic element in bird-life. I think that song in some cases is the relief of pent-up emotions. For instance, a wren which I had unwittingly imprisoned in my tool shed, perched on a post and shouted robustly when released.

And Dr. Eagle Clarke records that skylarks, attracted to the lantern of Eddystone Lighthouse, sang a few notes.

(To be continued next month).



### West Country English

**W**est Country English has a fascinating history. In Medieval times, West Saxon was the form of English spoken in the kingdom of Wessex, which encompassed most of what we now call the West Country and some other counties besides. It also included Winchester in Hampshire, which was the capital of England at the time.

As the dialect of King Alfred and his courtiers, West Saxon quickly became one of the most well-known Old English dialects. It is the dialect most of our remaining Old English literature is written in, whereas nowadays West Country English is thought of as a rural, 'non-standard' dialect. This is a good reminder of how attitudes towards language can change, and how historical circumstances have shaped them. If Winchester had remained the capital, West Country English would probably be our modern-day 'standard'!

### An ancient language

West Country dialects give us an insight into the English of the past. Because they are relatively isolated, Devon, Cornwall and Somerset in particular have preserved older ways of speaking. A good example of this is the rhoticity of accents in the South-West: in other words, the pronunciation of the 'R' sound after a vowel in words like water, park and first.

West Country English also includes elements from before Anglo-Saxon times. Cornish, the Celtic language spoken in Cornwall and large parts of Devon until well into the 18th century, has also had an influence on the dialect. For example, place names with combe or coombe (such as Widcombe and Parracombe) come from the Celtic word for valley. The landscape reaches even further back in time – Wiltshire is home to Stonehenge and Avebury.

### The 'Bristol L'

One of the most intriguing features of some West Country speech is the production of an 'L' sound at the end of a word after a vowel, popularly known as 'Bristol L' but found across Somerset and Wiltshire. This means that words like 'window', 'idea' and 'area' are often pronounced 'windle', 'ideal' and 'areal'. In fact, this accent pattern is responsible for Bristol's own name: Bristol used to be known as 'Bristow', but came to be 'Bristol' because of the local pronunciation. Fieldworkers for the Survey recorded the feature several times, with speakers from Wiltshire and Somerset discussing outbreaks of diphtheria (diphtheria).

### West country grammar

The West Country is also full of interesting dialect words and grammatical forms, many of which derive from Old English. Here, pronouns behave differently and you might hear 'her' for 'she' and 'he' for 'him', as in the wonderful Somerset expression 'hark at he driving the pigs home' (said of

someone snoring). 'Hark at' means 'listen to' and is common across the region. In Wiltshire, you're likely to hear 'somewhen' and 'anywhen' rather than 'sometime' and 'anytime'.

You'll often hear south-westerners say either 'see' or 'dost thou know' at the end of their sentences, whereas in other parts of the country you might hear 'isn't it', 'innit', 'right' or 'you know'. These are all ways of marking that you've finished speaking and checking that your listener has understood you: linguists call them 'utterance final discourse markers'. You'll also often hear thick, thick there or even thicky there used to mean 'this' or 'that', as in 'we went down to thick field' or 'thick there shoes are mine'.

### West Country words of wisdom

The fieldworkers found all sorts of unusual expressions in the South-West. Here are some of our favourites:

'Thee go home and boil egg hard' – go away (Steeple Ashton, Wiltshire)  
'He's driving the pigs to market' – he's snoring loudly (Parracombe, Devon)  
'Much odds for bad rummage' – good riddance to bad rubbish (Gittisham,

Devon)

'Put thick board in the hole' – shut the door! (Blagdon, Somerset)

'Slings thy hook' – go away (Bream, Gloucestershire)

The fieldworkers also noted down traditional cures and remedies for various ailments that their interviewees shared with them. Here are a few examples – but we don't recommend you try them at home!

To cure a sty: wipe the eye with the tail of an old tom cat (Gwinear, Cornwall)

To cure a wart: charm it with pods of broad beans, then bury the beans in a secret place (Gretton, Gloucestershire) OR rub the wart with a snail, then stick the snail on a hedge thorn (Sherborne, Gloucestershire).

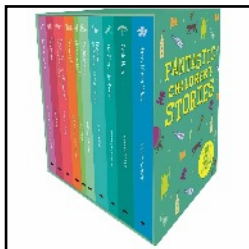
A wonderful word for 'properly' is fitty-wise, recorded by the Survey of English Dialects (SED) fieldworkers in St. Buryan, Cornwall in the 1950s.

### At leisure: Wombling in the West Country

The West Country is a wonderful place to take a stroll and enjoy the scenery. Wandering aimlessly is called larruping in Devon, and wombling in Somerset. In Wiltshire – and if it's more of an unsteady walk – that's called diddling. If it's a country walk, you might spot a dumbledore on your way – a rather delightful word for a bumblebee found in Dorset and Wiltshire. Or if you're in a village, you're sure to find some traditional thatched cottages like these ones in Kennford, Devon.

A big debate in the South-West is how to properly prepare a scone: jam first (the Cornish way) or cream first (as in Devon).

## **BOOK REVIEWS**

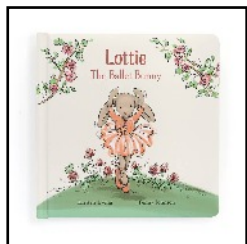


### **Fantastic Classic Children 10 Stories Books**

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**Black Beauty**  
**Alice's Adventure in  
Wonderland and Through the  
Looking Glass**  
**Peter Pan in Kensington  
Gardens**  
**The Railway Children**

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### **Jellycat Lottie The Ballet Bunny Hardback Book**

Written &  
Illustrated by  
Kirsten Irving &  
Penny Johnson.

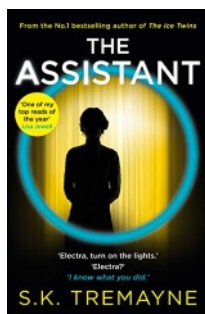
**E**njoy some quiet some time with your little ones by reading them this adorable 'Lottie The Ballet Bunny' story book. Help your children to read and encourage them to speak aloud the words they can see.

This is a story of dancing dedication! Lottie the Bunny loves to jump, twirl,

and skip through the woodland with her friends. Featuring wonderful coloured illustrations and playful rhymes, this book is certain to become a much loved bedtime favourite on your child's bedroom shelf.

A beautiful hardback for young children, it makes a lovely gift for any budding ballerina!

\*\*\*\*\*



### **The Assistant:**

**The most  
gripping and  
original  
psychological  
thriller of 2021**

**W**hat would you do if your home assistant turned evil? 'Terrifyingly believable and utterly gripping,' Lisa Jewell 'The Assistant is the definition of suspense!' Jeffery Deaver She's in your house. She controls your life. Now she's going to destroy it. From the No. 1 Sunday Times bestseller She watches you constantly. Newly divorced Jo is delighted to move into her best friend's spare room almost rent-free. The high-tech luxury Camden flat is managed by a meticulous Home Assistant, called Electra, that takes care of the heating, the lights – and sometimes Jo even turns to her for company. She knows all your secrets. Until, late one night, Electra says one sentence that rips Jo's fragile world in two: 'I know what you did.' And Jo is horrified. Because in her past she did do something terrible. Something unforgivable. Now she wants to

destroy you. Only two other people in the whole world know Jo's secret. And they would never tell anyone. Would they? As a fierce winter brings London to a standstill, Jo begins to understand that the Assistant on the shelf doesn't just want to control Jo; it wants to destroy her.

\*\*\*\*\*



## **The Novels of Asian Saga Series**

### **6 Books Collection Set**

By James Clavell

### **Shogun:**

This is James Clavell's tour-de-force; an epic saga of one Pilot-Major John Blackthorne, and his integration into the struggles and strife of feudal Japan. Both entertaining and incisive, SHOGUN is a stunningly dramatic re-creation of a very different world.

### **Tai-Pan:**

Set in the turbulent days of the founding of Hong Kong in the 1840s, Tai-Pan is the story of Dirk Struan, the ruler - the Tai-Pan - of the most powerful trading company in the Far East. He is also a pirate, an opium smuggler, and a master manipulator of men.

### **Gai-Jin:**

It is 1862 and Japan is a land in chaos as the power of the Shogun wanes and the rival factions plan to restore the Emperor. In Yokohama, the gai-jin, the hated foreigners, seek to profit from the chaos.

### **King Rat:**

Set in Changi, the most notorious prisoner of war camp in Asia, King Rat is an heroic story of survival told by a master story-teller who lived through those years as a young soldier. Only one man in fifteen had the strength, the luck, and the cleverness simply to survive Changi.

### **Noble House:**

Over one hundred years have passed since Dirk Struan founded Hong Kong's oldest trading company. But now, the Noble House is in danger. As Hong Kong itself becomes the deadly playground of the CIA, the KGB and the People's Republic of China, rival tai-pans, seeking revenge for blood feuds over a century old, gather for the kill.

### **Whirlwind:**

Whirlwind is the story of three weeks in Tehran in February 1979: three weeks of fanaticism, passion, self-sacrifice and heartbreak. Caught between the revolutionaries and the forces of international intrigue is a team of professional pilots.

\*\*\*\*\*



## **The Housemaid's Secret**

Freida McFadden

**I**t's hard to find an employer who doesn't ask too many questions about my past. So I thank my lucky stars that the Garricks miraculously give me a job, cleaning their stunning penthouse with views across the city and preparing fancy meals in their shiny kitchen. I can work here for a while, stay quiet until I get what I want.



## **SMILES**

### **Windows 11**

A wife texted her husband on a cold winter morning: "Windows frozen."  
Her husband texted back: "Pour some lukewarm water over it."  
The wife texted back five minutes later: "Computer's completely not working now."  
\*\*

### **Friday**

**Nothing ruins your Friday like realising it's only Wednesday.**  
\*\*

### **Sunday School Lesson**

A Sunday school teacher was telling her class the story of the Good Samaritan, in which a man was beaten, robbed and left for dead. She described the situation in vivid detail so her students would catch the drama. Then she asked the class, "If you saw a person lying on the roadside all wounded and bleeding, what would you do?"  
Jenny, a thoughtful little girl broke the hushed silence, "I think I'd be sick!"  
\*\*\*\*\*

A turtle is crossing the road when he's mugged by two snails. When the police show up, they ask him what happened. The shaken turtle replies, "I don't know. It all happened so fast."  
\*\*\*\*\*

In surgery for a heart attack, a middle-aged woman has a vision of God by her bedside. "Will I die?" she asks.  
God says, "No. You have 30 more years to live."

With 30 years to look forward to, she decides to make the best of it. Since she's in the hospital, she gets breast implants, liposuction, a tummy tuck, hair transplants, and collagen injections in her lips. She looks great!

The day she's discharged, she exits the hospital with a swagger, crosses the street, and is immediately hit by an ambulance and killed.  
Up in heaven, she sees God. "You said I had 30 more years to live," she complains.

"That's true," says God.

"So what happened?" she asks.

God shrugs. "I didn't recognise you."  
\*\*\*\*\*

I usually work the evening shift, finishing close to 11:30 p.m. I normally have to run to catch the 11:30 bus. Last New Year's Eve, I finished work and raced to catch the bus, but by 12:10 it still hadn't come, so I figured I'd likely missed it.  
I turned to a man who had been waiting alongside me the whole time and said, "Sir, how long have you been waiting?"  
He looked at his watch and said, "Since last year."  
\*\*\*\*\*

A ventriloquist is performing with his dummy on his lap. He's telling a dumb-blonde joke when a young platinum-haired beauty jumps to her feet. "What gives you the right to stereotype blondes that way?" she demands. "What does hair colour have to do with my worth as a human being?"  
Flustered, the ventriloquist begins to stammer out an apology.  
"You keep out of this!" she yells. "I'm talking to that little jerk on your knee!"

**D**uring the pandemic, my two granddaughters—six and eight years old—were being home-schooled by their mother. One day, the eight-year-old had a spelling bee with her sister. “Spell ‘elephant,’” the older one said.

“Let her spell small animals, not big ones,” said her mum.

The older sister paused, then said, “Spell ‘mosquito.’”

\*\*\*\*\*

**A** young monk arrives at the monastery. He is assigned to helping the other monks in copying the old laws of the church by hand. He notices, however, that all of the monks are copying from copies, not from the original manuscript. So, the new monk goes to the head monk to question this, pointing out that if someone made even a small error in the first copy, it would never be picked up! In fact, that error would be continued in all of the subsequent copies.

The head monk, says, “You make a good point, my son.”

He goes down into the dark caves underneath the monastery where the original manuscripts are held in a locked vault. Hours go by and nobody sees the head monk. The young monk gets worried and goes down to look for him. He sees him banging his head against the wall and wailing.

“We missed the R! We missed the R! We missed the R!”

“Father!” cries the young monk.

“What’s wrong?”

The head monk with tears in his eyes replies, “The word is **celebrate!**”

\*\*\*\*\*

**T**wo guys were out walking their dogs on a hot day when they pass by a bar. The first guy says, “Let’s go in there for a pint.” The second guy says, “They won’t let us in with our dogs.” First guy: “Sure they will, just follow my lead.” He goes up to the pub, and sure enough, the bouncer says, “I can’t let you in here with that dog.” He replies, “Oh, I’m blind and this is my seeing-eye dog.” The bouncer says, “Ok then, come on in.” The second guy sees this and does the same thing. The bouncer says, “You can’t come in here with a dog.” He replies, “I’m blind and this is my seeing-eye dog.”

The bouncer responds, “You have a Chihuahua for a seeing-eye dog?”

The second guy exclaims, “They gave me a Chihuahua?”

\*\*\*\*\*

**A** secret agent was sent to Ireland to pick up sensitive information from an agent called Murphy. His instructions were to walk around town using a code phrase until he met his fellow agent. He found himself on a desolate country road and finally ran into a farmer. “Hello,” said the agent, “I’m looking for a man called Murphy.” “Well you’re in luck,” said the farmer. “As it happens, there’s a village right over the hill where a butcher is called Murphy, the baker is named Murphy, and three widows are called Murphy. In fact, my name is Murphy.” “Aha,” thought the agent, “here’s my man.” So he whispered the secret code: “The sun is shining ... the grass is growing ... the cows are ready for milking.” “Oh,” said the farmer, “you’re looking for Murphy the spy. He’s in the village over the other direction.”

## **St James the Least of All**

*The Rev Dr Gary Bowness continues his tongue-in-cheek letters from 'Uncle Eustace'... If you would like a copy of our published booklet of Uncle Eustace's letters, please email us at: enquiries@parishpump.co.uk*

### **On how to run your Diary for 2024**

*The Rectory  
St James the Least*

*My dear Nephew Darren*

*So, you have just attended a course on 'Diary Management', to get you prepared for another year. If you had visited me, I could have told you all you need to know in half the time. Allow me to provide you with useful information which was probably not provided in your conference hand-outs.*

*First, buy the smallest diary you can find. Large blank pages only encourage you to fill them with too many appointments; the smaller the page, the easier it can be made to appear that your days are fully booked.*

*Second, make sure that it is of a size that will conveniently fit into any pocket. When dates are being arranged for subsequent meetings, you can theatrically start going through jacket, trouser and overcoat pockets. By the time you discover it was in your briefcase all along, all the dates will have been fixed and no one will notice you never got any of them.*

*Third, adopt your own private code for bookings. This means that any parishioner looking over your shoulder and seeing '1.30pm PLS' or '7.30pm WTD' will assume you are attending important church meetings. The fact that they mean 'Post Lunch Sleep' and 'Walk The Dog' will be known to you alone – although do have alternative possibilities for your acronyms should you ever be challenged. My congregation know I am assiduous in attending the 'Pauline Letters Seminars' and my membership of the 'World Theology Directorate' is of many years standing.*

*Fourth, record everything in pencil so that once you return home, you can rub most of it out and can then deny you knew anything about those meetings you were supposed to attend – and to prove it, you can show the blank page in your diary.*

*Fifth, put someone else's address inside your diary. Should you ever have to resort to the ultimate act and need to lose it, you do not want some Good Samaritan returning it to you from the churchyard compost heap.*

*So, you see, your day of flip charts and group discussions were quite wasted – and I would gladly have presented my course for half their price.*

*Your loving uncle, Eustace*

**A New Year Promise to our readers –  
from the Editor of this parish magazine**

*Some of you have noticed a few typos in the magazine now and then. To improve this, for 2024 I am using a new set of rules for editing. They are as follows:*

1. Verbs HAS to agree with their subjects.
  2. Prepositions are not words to end sentences with.
  3. And don't start a sentence with a conjunction.
  4. It is wrong to ever split an infinitive.
  5. Avoid cliches like the plague. (They're old hat.)
  6. Also, always avoid annoying alliteration.
  7. Be more or less specific.
  8. Parenthetical remarks (however relevant) are (usually) unnecessary.
  9. Also too, never, ever use repetitive redundancies.
  10. No sentence fragments.
  11. Contractions aren't necessary and shouldn't be used.
  12. Foreign words and phrases are not apropos.
  13. Do not be redundant; do not use more words than necessary; it's highly superfluous.
  14. One should NEVER generalise.
  15. Comparisons are as bad as cliches.
  16. Eschew ampersands & abbreviations, etc.
  17. One-word sentences? Eliminate.
  18. Analogies in writing are like feathers on a snake.
  19. The passive voice is to be ignored.
  20. Eliminate commas, that are, not necessary.
  21. Never use a big word when a diminutive one would suffice.
  22. Use words correctly, irregardless of how others use them.
  23. Understatement is always the absolute best way to put forth earth shaking ideas.
  24. Eliminate quotations. As Ralph Waldo Emerson said, "I hate quotations. Tell me what you know."
  25. If you've heard it once, you've heard it a thousand times: Resist hyperbole; not one writer in a million can use it correctly.
  26. Puns are for children, not groan readers.
  27. Go around the barn at high noon to avoid colloquialisms.
  28. Even IF a mixed metaphor sings, it should be derailed.
  29. Who needs rhetorical questions?
  30. Exaggeration is a billion times worse than understatement.
- And the last one...?
31. Proofread carefully to see if you any words out.

**A HAPY NEW YEER TO YEW AWL.**



### Will your wrapping paper pass the scrunch test?



**A**s you prepare to get Christmas wrapped up, remember that once gifts have been given, recycle your wrapping paper.

**Avoid wrapping paper with foil, plastic or glitter as this cannot be recycled.**

Any paper wrapping you cannot reuse, remove sticky tape, bows and decorations – save bows, ribbons, string

for birthday gifts and put it with card in your black recycle box.

**Do not use a black rubbish sack** to put out any wrapping paper you want recycled.

### **Not sure if it's recyclable? Scrunch it!**

Step 1: Scrunch the wrapping paper into a tight ball.

Step 2: Open your hand to see if the paper stays scrunched together or bounces back open.

Step 3: If the paper stays scrunched in a ball, then you know it can be recycled. If it bounces back open then it likely contain foil or plastic and it can't be recycled.

Lots to recycle?

If you have a large load of wrapping paper, you can take it to any recycling site. Each will have a special drop-off point for wrapping paper; do not put it in the skips for card.



## Christmas collections

### Usual day

Monday 25 December  
Tuesday 26 December  
Wednesday 27 December  
Thursday 28 December  
Friday 29 December

Monday 1 January  
Tuesday 2 January  
Wednesday 3 January  
Thursday 4 January  
Friday 5 January

### Revised day

Wednesday 27 December  
Thursday 28 December  
Friday 29 December  
Saturday 30 December  
Sunday 31 December

Tuesday 2 January  
Wednesday 3 January  
Thursday 4 January  
Friday 5 January  
Saturday 6 January



Recycling and refuse collections will once again change over the festive period, please take note to make sure you don't miss your collections.

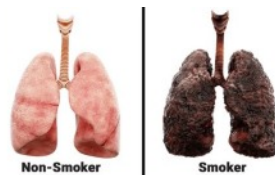
### When the bad news on smoking first broke

It was only 60 years ago, on 11th January 1964, that the US Surgeon General published a report that would begin to change medical history in the West. For it concluded that cigarette smoking was very dangerous - causing lung cancer and chronic bronchitis.

This was first official US government report on the health issues of smoking, and many more were to follow. The National Library of Medicine in the USA now states that, worldwide, lung cancer kills more than one million people each year, and that:

"It is estimated that cigarette smoking explains almost 90% of lung cancer risk in men and 70 to 80% in women..."

Compared with non-smokers, smokers have as much as a 30-fold increased risk of developing cancer. And no wonder: tobacco smoke contains more than 60 different toxic substances which are known to be carcinogenic (cancer-producing).



### **Taunton (Priorswood)** **Recycling centre**

**T**aunton Recycling Site has been closed since the beginning of October, due to a fire that broke out in the neighbouring Material Recovery Facility (MRF), where materials are sorted to be sent on to recycling re-processors. Although the fire was not in the public area, the structure was too damaged to safely open the site. The cause of the fire is still unknown.

Last month specialist demolition crews begun to take down the facility. The site will be back open soon, keep an eye on social media or our website for details.

We'd like to thank residents for their patience during this time. We expect the site to be busy for the first fortnight after it reopens, and if you have the space to safely store it, we ask you to continue to hold your waste for a couple of weeks.

### **Wellington (Poole)**



### **Recycling centre**

Opening hours from 1 April

Summer 1 Apr - 30 Sept

Winter 1 Oct - 31 Mar

Monday

Closed\*

Closed\*

Tuesday

Closed\*

Closed\*

Wednesday

9am to 6pm

9am to 5pm

Thursday

9am to 6pm

9am to 5pm

Friday

9am to 6pm

9am to 5pm

Saturday

9am to 4pm

9am to 4pm

Sunday

9am to 4pm

9am to 4pm

**\*When this site is closed, open site options include: Taunton and Williton.**



## Regular Weekly Events

### MONDAYS

10-11am Nia BH HUB  
 10-12noon Painting Group FBC  
 11.15-12.45 Sweaty Mama HUB  
 1.30-4.00pm Whist Club FBC  
 2.00-4.00 Bridge Not 1st Mon FBC  
**6.15-7.30pm Zumba**  
**07939 580327.** BH HUB  
 7.30pm Tone Big Band  
 (1st & 3rd Mon) BH HUB

### TUESDAYS

12.30-1.30 Postnatal Yoga BH HUB  
 6.15-7.00am Group Fitness BH HUB  
  
 1.30-2.30pm Tai Chi & QI BH HUB  
 10.00-4.00pm Games FBC  
 7-8pm Yoga BH HUB

### WEDNESDAYS

10.00-11.00 Mum&Baby Pilates  
 HUB  
 2.00-4.30 Short Mat Bowls BH HUB

10.00-11.00 Flexercise FBC  
 11.00-12.00 Pilates 4 Everyone HUB  
 6.00-7.00 Tae Kwon Do BH HUB  
 7.15-8.45 Tone Guitar Group  
 BH HUB

### THURSDAYS

6.15-7.00 Group Fitness Training HUB  
 10.00-12.00 Baby Badgers BH HUB  
 10.00-12noon Bridge Club FBC  
 12.30 Prenatal/Liile Ones Yoga HUB  
 2.00-4.00pm Croquet FBC

### FRIDAYS

8.30am -1pm Star Bubs BH HUB  
 10.00-12.00 Petanque FBC  
 10.00-12noon Frank's Café FBC  
 4.45-8.15pm Martial Arts BH HUB

### SATURDAYS

6.30-7.15 Group Fitness Training  
 BH HUB  
 9.30-11.30 Hub Gardening Club  
 BH HUB





### **USEFUL CONTACT NUMBERS**

Your Somerset County Councillor  
John Hunt (Independent) 07880  
794554 [john@johnhunt.me.uk](mailto:john@johnhunt.me.uk)

### **Your Somerset West & Taunton Councillors**

Cll Caroline Ellis Associate Lead  
Member - Education  
**07473119425**  
[cjellis1968@googlegmail.com](mailto:cjellis1968@googlegmail.com)

John Hunt (Independent)  
07880 794554  
[john@johnhunt.me.uk](mailto:john@johnhunt.me.uk)

### **Your Member of Parliament**

Rebecca Pow MP  
443062 [office@rebeccapow.org.uk](mailto:office@rebeccapow.org.uk)

### **BISHOP'S HULL FACILITIES**

BH Parish Council  
Helen McGladdery 07518  
[bishopshullparishclerk@gmail.com](mailto:bishopshullparishclerk@gmail.com)  
BH Pre School 07928 950230  
BH Primary School 331624  
Castle School 274073  
Community Room & School Hall  
Rick Moon 354908  
Frank Bond Centre  
Nadia 07958 246046

### **Neighbourhood Beat Team**

PCSO Lyndsay Smith  
[lyndsay.smith@avonandsomerset.police.uk](mailto:lyndsay.smith@avonandsomerset.police.uk) or call 101  
PCSO Marshall Bernhardt  
[marshall.bernhardt@avonandsomerset.police.uk](mailto:marshall.bernhardt@avonandsomerset.police.uk) or call 101  
PCSO Simon Parry

Robin Close Hall 356389  
[deanehelplineadmin@tauntondeane.gov](mailto:deanehelplineadmin@tauntondeane.gov)

St Peter & St Paul Parish Church  
Rev. Phil Hughes 336102

### **BISHOP'S HULL ORGANISATIONS**

Access Group (Fledgling Centre)  
Kelly Enfield 333363  
BH Flower, Fruit & Vegetable Show  
Amanda Gallacher 337720  
Bishops Hull HUB

07500 748 609, booking:  
[bhhubbookings@gmail.com](mailto:bhhubbookings@gmail.com)

General enquiries and events:  
[bishopshullhub@gmail.com](mailto:bishopshullhub@gmail.com)

BH Short Mat Bowls  
Alan Chapman 710938  
[bhsmbc@yahoo.com](mailto:bhsmbc@yahoo.com)  
BH VH & PF Trust  
Paul Bulbeck 283941  
BH WI  
Margaret Lomax 412218  
Brownies Sheena Grinter 331184  
Community Woodland Volunteer  
David 272415  
FBC Activities Carolyn 283941  
Golden Group Keep Fit Session  
Karie at Castle Sports Centre 322934  
[orkcrane@1610.org.uk](mailto:orkcrane@1610.org.uk) Jon 07736  
714370 [jonakkc@hotmail.co.uk](mailto:jonakkc@hotmail.co.uk)  
Pilates Liz Grant 338409  
Slimming World

Judy 256010 / 07939 431264  
Sheena 07517 441766

Somerset Hills Chorus  
Brenda Palfrey 07857 244272  
Tae Kwon Do  
Sebastian Morey-Weale 07900 517767  
Wed Art Group  
Rose Humphreys 277633

Zumba / Zumba Gold  
**Felicity Ovando** 07939 580327

**SERVICES AT ST PETER & ST PAUL JANUARY 2024**

<b>Wednesday</b> <b>3<sup>rd</sup> January</b>	<b>Holy Communion</b>	<b>10.00 a.m.</b>		
<b>Sunday</b> <b>7<sup>th</sup> January</b> <b>Epiphany</b>	<b>Holy Communion</b> <b>Holy Communion</b>	<b>08:00 a.m.</b> <b>10.00 a.m.</b>	Isaiah 60:1-6; Matthew 2:1-12	Dee Willis
<b>Wednesday</b> <b>10<sup>th</sup> January</b>	<b>Holy Communion</b>	<b>10.00 a.m.</b>		
<b>Sunday</b> <b>14<sup>th</sup> January</b> <b>Epiphany 2</b>	<b>Holy Communion</b> <b>Holy Communion</b>	<b>08:00 a.m.</b> <b>10.00 a.m.</b> ..	Psalms 139:1-9; John 1:43-51	Will Osmond
<b>Wednesday</b> <b>17<sup>th</sup> January</b>	<b>Holy Communion</b>	<b>10.00 a.m.</b>		
<b>Sunday</b> <b>21 January</b> <b>Epiphany 3</b>	<b>Holy Communion</b> <b>Holy Communion</b>	<b>8:00 a.m.</b> <b>10.00 a.m.</b>	Psalms 128; John 2:1-11	David Ager
<b>Wednesday</b> <b>24<sup>th</sup> January</b>	<b>Holy Communion</b>	<b>10.00 a.m.</b>		
<b>Sunday</b> <b>26<sup>th</sup> January</b> <b>Candlemas</b>	<b>Holy Communion</b> <b>Holy Communion</b>	<b>08:00 a.m.</b> <b>10.00 a.m.</b>	Psalms 24 & Hebrews 2:14- 18; Luke 2:22-40	Paul Curry
<b>Wednesday</b> <b>31<sup>st</sup> January</b>	<b>Holy Communion</b>	<b>10.00 a.m.</b>		

**Bell Ringing**

**W**e are very proud of our Bell Ringing team and our bells! There are 6 bells in the tower and ringing is done from ground level. The Bell Tower is accessed on the North Side of the church.

Ringling happens for the main service on a Sunday (usually ringling starts at 09.15am and rings until the service starts at 10am). Practice night is a Wednesday at 7.30pm.

Quarter peals ( 50 minutes) may be attempted up to twice a month at 11.30am, usually on a Tuesday or Wednesday.

Our Tower Captain is Giles Morley and he can be contacted on 01823 430710



**GRASS CUTTING - David Ager**

## **CHURCH DIRECTORY (01823)**

**Church web site:** [www.stpeterandstpaul.org.uk](http://www.stpeterandstpaul.org.uk)

**Vicar:** **Rev. Philip Hughes**  
336102  
(Usual day off - Friday)  
[phil2overflowing@gmail.com](mailto:phil2overflowing@gmail.com)



Rev Philip Hughes

**Church Warden:** **Mr Will Osmond**  
461820

**Treasurer** **Rachel Horder**

**Electoral Roll Officer** **Mrs Shirley Stapleton**

**Safeguarding Officer:** **Mrs Sally Adams**  
254413

**Other PCC Members -** **Mark Dakin, Helen Pearce,**  
**Susan Martin**

**Tower Secretary:** **Giles Morley** 430710



Sally Adams  
Parish Safeguarding  
Officer



Will Osmond  
PCC Chair, Church  
Warden & Deanery  
Synod Rep



Mark Dakin



Sue Martin



Rachel Horder  
PCC Treasurer



Shirley  
Stapleton  
Electoral Roll Officer



Helen Pearce

**Your  
PCC  
2023/24**



The PCC is a great team to belong to and is there to assist the Vicar in the Mission and function of the church.

If you would like to serve in this way there are lots of **opportunities**, so do have a chat to one of the fab team!