

**BISHOP'S HULL PARISH MAGAZINE
FEBRUARY 2025**



**A THRIVING VILLAGE COMMUNITY
IN THE HEART OF SOMERSET**

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MAGAZINE SUPPORT TEAM

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Magazine Cover:

Photographs by
Bob & Penny Coombs & Bob Winn

Articles relating to all aspects of our village and community
are always welcome.

Final date for acceptance: Mid-day on 12th of the month.

Please help to make the magazine interesting by contributing material.

**When reading your free online copy or one of the the hard copies
available in church please remember to support the few remaining
advertisers whenever possible**

*It is emphasised that the views expressed in this magazine are not
necessarily those of the magazine editorial team, unless attributed,
or those sent in by identifiable contributors.*

IDENTIFYING OUR LOCAL BIRDS some photos by BOB WINN



STONECHAT

Cover - Can Spring be far behind?



**AWARD WINNING
FAMILY RUN BUSINESS**

Shop and Post Office

Open Monday – Friday 6.45am – 6pm

Saturday 8am – 6pm

Sunday 8am – 12pm

Tel – 01823 279168

Butchers

Open Tuesday – Friday 8.00am – 3pm

Saturday 7.00am – 2pm

Sunday and Monday Closed

Tel – 01823 337497

BISHOP'S HULL CAR BOOT SALES

REFRESHMENTS AVAILABLE



Start Time 7a.m. Bishop's Hull Playing Field
TA1 5EB [///rocket.force.monday](http://rocket.force.monday)

Bank Holiday Sellers' Rates: Cars £6, Vans £8, Trailers £1

Sunday Sellers' Rates: Cars £5, Vans £6, Trailers £1

Buyer Parking £1 Large Vehicles by negotiation

Sellers responsible for removing their own rubbish

Toilets Available

Dogs allowed on a lead

All events subject to cancellation without notice at organisers discretion. All net proceeds to the Bishop's Hull Village Hall and Playing Fields Trust, a non-profit making registered charity.

The Frank Bond Centre **84 Mountway Road, Bishop's Hull.**

A place for the over 50s to meet new friends

Contact Carolyn 01823 283941 /Nadia 07958 246046

Come along to Frank's cafe on a Friday morning 10:00-12:00
and discover what activities could lie in store for you.

The cafe is open to members and non-members.

The centre is centrally heated and open 10:00-16:00
Monday-Friday

Weekly Activities:

**Monday - The Painting Group 10:00-12:00,
Whist Club 1:30-4:00
Bridge Club 1.30-4:00**

Wednesday – Flexercise & Tai Chi 10:00-12:00

**Thursday - Bridge club 10:00-12:00-Beginners welcome,
Croquet 2:00-4:00**

Friday - Pétanque 10:00-12:00,

Friday - Frank's Cafe 10:00-12:00

Monthly Activities:

1st Monday in month Family History 2:00-4:00

2nd Tuesday in month Parchment 10:00-3:30

3rd Wednesday in month Games 2.00-4.00

4th Wednesday in month Music Appreciation 2.00-4.00

2nd & 4th Thursday in month Mahjong 2:00-4:00

**3rd Thursday in month Monthly lunch-pse write name on
list in foyer**

Annual membership £25 Find us on Facebook (& 'Like' us)

There are many more exciting activities...

Table tennis, cards, books, puzzles

A variety of social events take place throughout the year.

Vicar: Reverend Philip Hughes , The Vicarage, Bishop's Hull Hill, Bishop's Hull, TA1 5EB 01823-336102	Tim Venn (Church Warden) John Perry (Church Warden)
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I thought a brief look at some of the things that affect us all would not go amiss this month as the cost of living doesn't look likely to ease in 2025, with several household costs and bills confirmed to rise. From the end of the £2 bus fare cap in January to rising council tax for many in April, households will be preparing for higher costs in 2025.

From 1 January 2025, the energy price cap will rise by 1.2%, increasing the cost for typical medium-use households to around £1,738 annually or £145 per month. The cap is reviewed every three months, so will be updated in March.

The £2 bus fare cap in England, introduced in January 2023 to help with travel costs during the cost-of-living crisis, is set to rise to £3 on 1 January 2025 – a 50% increase. This cap applies to most single bus journeys outside London, covering over 130 operators, including Stagecoach, Arriva, and National Express.

Regulated train fares in England are set to increase by up to 4.6% on 2 March 2025. Railcards will also see price increases, with annual costs rising from £30 to £35 as announced in the Autumn Budget. The Disabled Persons Railcard is excluded from this increase and will remain at £20. Most railcards provide a third off train fares, though some come with restriction.

Council tax bills are expected to rise across England and Wales from April. Most councils in England are able to raise council tax rates by 5% without needing to call a referendum. Based on the current average Band D council tax bill in England of £2,171, this would mean a rise of £109.

The cost of a TV licence is set to increase by £5 to £174.50 from 1 April 2025. The licence is required if you watch or record live TV on any channel, or use BBC iPlayer.

Water bills in England and Wales are expected to rise significantly from April 2025. The regulator, Ofwat, has forecast an average increase of 21% over five years, adding £94 in total, or £19 per year, to the typical bill.

A leading industry body has warned food prices are set to surge by almost 5% as the cost of living crisis deepens, The ICD says that the food production sector will only be able to absorb between 20% to 40% of the costs, with the remainder set to be passed onto consumers.

For many all this 'bad' news is reminiscent of growing up after WW II. Thank goodness our mothers taught us to cook and to slip the odd penny into the jam jar on the mantel-piece to cover those unexpected bills.

The Vicar writes

Dear Brothers and Sisters in Christ,

“As an adoptive mother and a committed member of a local, interconnected faith community, I see my community as ‘my tribe’. My adopted sons and I feel embraced by my tribe; we are known, loved, seen, and heard. This care is a precious and tangible gift that should never be underestimated.

I believe this is what the church should be known for: being a caring community. We are the church that cares for thousands of families across the nation who experience isolation and overwhelm. We are here for them.”

This was the start of a letter I received, and it started me thinking – What is the Church for? There have probably been many thoughts about this, books about this and articles about this! But what about you? What are your thoughts about what the church should be known for?

I am reminded of something I was told when I was a wee lad, “Man’s chief end is to glorify God”. Apparently, this comes from the Westminster Shorter Catechism – and yes, I had to Google it! It seems to make sense and can equally apply to mankind (everyone) as to the Church. So, is the Church known for glorifying God?

Paul writes in Hebrews 10:24-25 "And let us consider how we may spur one another on toward love and good deeds". Some ways we could spur one another could include; Sharing your excitement about the Lord; Thanking others for their excitement; Telling stories about how God has helped you; Sharing what God has shown you in the Bible; Pointing out ways others are growing in their faith. Is that what you think the Church is known for?

It often seems that people/Churches are known more for the things they are against than the things they are for. What a shame! We have an opportunity to be known for something so amazing that the whole world has been impacted and changed – God’s love. Let’s do all we can to make that what we (the Church) are known for. And not just in February!

Your Brother in Christ

Rev Phil Hughes

Vicar and Chaplain



St Peter's & St Paul's Church Bridge Coffee Mornings

The Bridge is what we have called the Welcome Area.

The Church has opened the Bridge for the return of the Monthly Coffee Mornings to be held on the last Saturday of each month and running now through the rest of 2025. We would like to extend a warm welcome to all at the next coffee morning on **Saturday 22nd FEBRUARY**. Come along to have a Coffee/Tea and cakes, with a friendly chat. From 10am till 12noon.



Bell Ringing

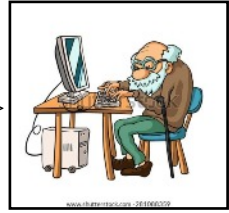
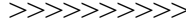
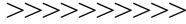
We are very proud of our Bell Ringing team and our bells! There are 6 bells in the tower and ringing is done from ground level. The Bell Tower is accessed on the North Side of the church.

Ringling happens for the main service on Sunday (usually ringing starts at 09.15am and rings until the service starts at 10am). Practice night is Wednesday at 7.30pm.

Quarter peals (50 minutes) may be attempted up to twice a month at 11.30am, usually on Tuesday or Wednesday.

Our Tower Captain is Giles Morley and he can be contacted on 01823 430710





Editor Bob

LETTERS TO THE EDITOR

THIS PAGE IS RESERVED FOR YOU!

A little bird told me that the Editor really has a considerable`supply of British Organically grown Cooked, Sliced & Bottled Beetroot for sale.

Parish Council news

At the Parish Council meeting on 5th November the following resolutions were made:

- ~ Kinglake — An update was received that Persimmon had offered the PC an extra £7,500 to enable the PC to carry out the repairs to the play park rather than Persimmon rectify before transfer. The Clerk arranged a safety inspection from Somerset Council and it advised that many items needed to be replaced therefore Members decided not to accept the offer and to insist Persimmon instruct a new ROSPA inspection (their last one was July 2023) and carry out the necessary repairs and replace broken equipment before the land is transferred.
- ~ The Internal audit report was approved and no matters of non-compliance were found.
- ~ The draft budget and three year forecast were discussed and will be finalised at the January meeting where the precept request will be determined
- ~ The amended Financial Regulations were adopted .
- ~ Bishops Mead transfer is ongoing and outstanding works are being agreed before transfer to the PC
- ~ Bob Parsons Landscapes was approved as the contractor for ad hoc work in the Parish and a budget of £1000 was approved
- ~ Leaf clearance has been carried out in the Parish _
- - Speed recordings from Silk Mills and Bishops Hull Road have shown a reduction in speeding since the Speed Indicator Device has been installed
- ~ A volunteer café will be held alongside the HUB Café in February to showcase to residents all the volunteer groups available in the Parish
- ~ Discussions are ongoing between Somerset Council, Taunton Town Council and the PC to lower the speed limit on the A38. The scheme will cost between £15,000 - £20,000.

The next meeting was scheduled for Thursday 16th January 2024, 7pm at the HUB.

Youth Club

For secondary school age children from Bishop's Hull and their friends.

Dates for 2025 February 15, March 15 and April 19.

Youth Club now have brand new equipment! An Air-hockey table; Foosball (?) table; Bean bags for a cosy corner and Spike ball set! If your child lives in Bishops Hull and is aged 11-17 please do come and try us out. £1 entry and they can bring a friend who doesn't live in the village if they wish. Bring extra money for the tuck shop! We run every third Saturday evening of the month from 7:15pm- 9:15pm. The next dates are Saturday 15th February. Get in touch with claire.plumbly@hotmail.co.uk if you have questions.

Bishops Hull HUB

Save the date for the next Fish and Chip Quiz Night: 8th March

Are you a responsible dog walker?

We are very fortunate to live in such a beautiful village with direct access to the countryside. This attracts many to walk their dogs across the surrounding fields. Unfortunately, I have received several comments about how some dog walkers are not aware of the Country Code when walking across farmland. Examples of owners encouraging their dogs to run across fields of crops, often using a ball sling to launch a ball way into the field for a dog to chase after. This is not acceptable. We are very fortunate to have a number of well-marked footpaths for us to use so please keep to them.



The following is an excerpt from the Country Code as a reminder.

Respect everyone:

- 'do not block access to gateways or driveways when parking;
- ~ follow local signs and keep to marked paths unless wider access is available

Protect the environment:

- ~ take your litter home — leave no trace of your visit;
- ~ always keep dogs under control and in sight;
- ~ dog poo — bag it and bin it in any public waste bin or take it home;
- - care for nature — do not cause damage or disturbance.

May I take this opportunity to wish you all a belated very happy and healthy 2025.

John Hunt

Former head of MI5 to lead search for new Archbishop of Canterbury

The Prime Minister has appointed The Lord Evans of Weardale KCB DL to chair the new Crown Nominations Commission for Canterbury.

The Crown Nominations Commission is the C of E committee that will nominate the candidate to be the next Archbishop of Canterbury. Archbishop Welby completed his duties on 6th January.

Jonathan Evans has been a Crossbench member of the House of Lords since 2014. Until October 2023 he was Chair of the Committee on Standards in Public Life. He is currently Chair of the HALO Trust, the anti-landmine charity, and of the Public Interest Committee at KPMG UK. He is a former Director-General of the Security Service, MI5. He is an active and communicant member of his local parish church.

CMS MISSIONARIES VISITED OUR CHURCH ON
SUNDAY 15TH DECEMBER

CMS Link Visit

On Sunday the 15th November 2024 our Link Mission Partners from Brazil, Marcio and Noemi Ciechanovicz visited us.

At the 10am service they talked about their work. They live and work near San Paulo in a city called Indaiatuba. The city has a large park and most of their work takes place in the park. Large numbers of young people come to the park in the evenings. Marcio and Noemi with some volunteer helpers provide drinks and snacks to as many as 150 teenagers in one evening. Marcio and Noemi showed us pictures of their work. Marcio describes the young people as living on the edges of society with little or no contact with the church. The team organise football matches and other group games and at the same time share the gospel message when opportunities arise.

After the service over coffee there was a "Question and Answer" session. They are encouraged in their work and experience little in the way of opposition. They have worked before in Italy and the UK and now in Brazil. So their four children are fluent in all three languages. At present Marcio and Noemi provide home schooling for the children.

After the session we all enjoyed a "Bring and Share" lunch. Our congregation had provided ham, home made quiches, salads, crisps and bread rolls etc.

We now have to play our part in supporting Marcio and Noemi and their family in financial and prayer support.

Prayer Support

If you picked up a CMS bookmark keep it in your Bible to remind you to pray. They will normally be remembered in the Sunday intercessions. In your copy of the Parish Prayer Diary write in their names. Their Link letters are put up on the Mission notice board. at the back of church and always have some requests for prayer. Their letters will also be included in the parish magazine that can be found on the church web site < www.stpeterandstpaul.org.uk >

Financial Support

At every service money (not in envelopes) put on the collection plate is divided between the four mission agencies that we support. During Lent CMS missionary boxes are given out so be sure to take one this Lent. Gifts can be made to CMS HQ at any time ear marked for Marcio and Noemi.

For more information contact :- Niall Watson Tel – 01823 282297.

Stonegallows Stone

Back in August 2020, when Covid restrictions were still very much in place, I went on a family holiday to Northumberland. As we were still limited as to what we could do, due to the pandemic, we spent a lot of the holiday outside walking. While out in the village of Wooler one morning we spotted a string of brightly painted pebbles sitting on top of a wall which bordered one of the main streets. A small placard beside it read: 'Virus Viper, a symbol of our community coming together during the pandemic.'



Stonegallows Stone

In Stonegallows we are always looking for things we can do together as a community, so I thought why not start our own Stonegallows snake. The idea was discussed amongst my neighbours. Everyone agreed that it would be a nice project to try. We decided that the focal point should be the Stonegallows Stone, and the following notice was attached to it:

* I. The Virus Viper or Stonegallows Snake, he lives on the stone and hopes to grow longer as the days go by. Please paint a pebble and add to his length. He is a symbol of our community looking after one another during these difficult times.

We expected to get a few dozen painted pebbles, but the snake grew and grew in length until it not only wrapped around the base of the stone once but went around twice and then three times. The snake became a talking point, with people coming from other parts of Taunton to look at it, and parents bringing children, and grandparents bringing grandchildren, with painted pebbles in hand to place at the base of the stone.

All that happened back in the Autumn of 2020. The pebbles have remained there ever since. However, due to warm summers and cold, wet winters, the pebbles began to fade and no longer gave off the bright and cheerful vibes they did when they were newly painted. So, this summer a message was sent out to the residents of Stonegallows asking them to repaint their pebbles so that the snake could be restored to its original glory. Any remaining pebbles that were not repainted were restored and varnished by a group of Stonegallows neighbours. In August this year the restored pebbles were cemented to the plinth at the base of the stone to make a permanent feature of the snake. A plaque has also been added to explain what the snake represents.

This was kindly funded by the Parish Council. Hopefully it will be there for many years to come for people to admire as they walk by

BISHOP'S HULL WOMEN'S INSTITUTE

Bishop's Hull WI is a group of friendly women with meetings held normally on the **4th Thursday of the month** (except August) at 7.30pm at the Bishop's Hull HUB.



- These monthly meetings have a speaker or other activity together with business items.
- Topics for future meetings will be published here each month.
- Lunches and coffee/ brunches are organised monthly.
- Additionally there is a walking group arranged fortnightly(except mid winter and August) and a Scrabble group meets on a monthly basis.
- A day trip usually takes place in August.
- Why not come along to one of our meetings where you will be warmly welcomed. The cost is £4.00 (up to three meetings) deducted from the annual subscription upon joining.
- Further information may be obtained from Heather Blackmore the group's secretary Tel: 01823 283884/07963834365.

New members are very welcome. Why not come along at 7.30pm to the Bishop's Hull Hub and find out more about us?

New members are always welcome, just come along and see for yourselves what a friendly group of ladies we are!

Meetings are held normally on the fourth Thursday of the month at the Bishops Hull Hub. PLEASE NOTE THE CHANGED START TIME OF 7.30 pm..

Guests are more than welcome to come along to one of our meetings .

We wish you all a belated joyful New Year.

Latest Bishop's Hull WI Report

Members enjoyed four social get-togethers during January. ...all of which certainly helped drive away the January " blues".

The first was lunch at the The Tea Room , Bath Place followed by a coffee morning at Willowbrook Garden Centre.

On 24th our monthly meeting was held with Pauline Homeshaw providing an excellent insight into the work of SSAFA the Armed Forces Charity.

Finally on 30th January there was a brunch at the Quantock Restaurant.

Our February meeting on 27th will have as our speaker Simon Helliar-Moore, of Crescent Funeral Services ..the title of his talk being " No coffin; The answer"

Neighbourhood Beat Team



PCSO Lyndsay Smith 07802 874297

lyndsay.smith@avonandsomerset.police.uk



PCSO Marshall Bernhard 07849 305815

marshall.bernhard@avonandsomerset.polic



Police Community Support
Officer
PCSO 7182
Simon PARRY

Avon and Somerset Police
SERVE. PROTECT. RESPECT.

BISHOPS HULL NEIGHBOURHOOD BEAT TEAM (from village WEB site)

PCSO Lyndsay Smith - 07802 874297

lyndsay.smith@avonandsomerset.pnn.police.uk

PCSO Tony Wearmouth 8413 - 07889 655312

tony.wearmouth@avonandsomerset.police.uk

PCSO Catharine Richards - 07710 026191

catherine.richards@avonandsomerset.police.uk

PCSO Catharine Richards - 07710 026191

Hundreds of motorists across Avon and Somerset were arrested during December after being found to be over the limit for alcohol and/or drugs.

Avon and Somerset Police made 241 arrests for driving under the influence of drink and/or drugs as part of Operation Limit, a national policing operation aimed at reducing fatal and serious Road Traffic Collisions (RTCs) and protecting road users during December.

Please view the attached PDF for more information.

241-drink-and-drug-drive-arrests-made-in-december-operation.pdf

An opportunist burglar entered a property on Galmington Road, Taunton, at some point around 8:20pm on the 7th. The residents were at home, in a different part of the property, when the offender entered and stole a handbag from the kitchen, this contained bank cards.

Any information, CCTV images, please contact the Police on 101 quoting reference number: 5225005464 stating NHW. Or call Crimestoppers on 0800 555 111. Thank you for your support.

Attachments: burglary-prevention-advice.pdf

Police are investigating a suspected fail-to-stop collision in Taunton in which a man has died. A man, a pedestrian, was found with significant injuries on the A38 Wellington New Road, Taunton, just before 1am on Monday 13 January. Sadly, he was pronounced dead at the scene. He's believed to be a man in his sixties and officers are trying to trace his next of kin.

We'd like to hear from anyone who was in the area between midnight and 1am on Monday 13 January who may have relevant information or dashcam or other footage.

BISHOP'S HULL IN TIMES PAST

65 years ago



Mr Reginald Gregory died at his home, Longaller Farm. Born at Fideoak Mills, he took over the mill and the farm from his father and had lived at Longaller since 1920. He developed the farmlands considerably, but the mill ceased working during World War 2. A well-known sportsman, Mr Gregory and his brothers George and Archie made the name of Gregory a by-word in rugby circles. His three sons, Norman, John and the late Ronald

Gregory carried on the tradition with Taunton RFC in later years. His youngest son, Second-Lieutenant Brian Gregory was serving with the Cheshire Regiment in Singapore. Mr Gregory had played for Bishops Hull Cricket Club in his younger days. He had been a parish councillor, a school manager and a member of the Taunton Joint Burial Committee. The funeral service at Bishops Hull Church was conducted by the Vicar, the Rev EG Mullins.

Taunton magistrates court considered an application for a licence for occasional dances organised by Empress Entertainments at the Territorial Army Hall. The license was refused after Police Inspector K Russell had referred to trouble at recent dances there. The Inspector said the licensee was not in any way to blame for the trouble. Empress Entertainments was an organisation which was run for profit and numerous complaints had been received about the conduct of the dances. PC Gould told Taunton magistrates that when he was called to a dance at the Hall, he found broken glasses and bottles littering the floors and stairs and most of the people in the bar were teenagers between 15 and 18 years old. The bar was immediately closed. On another occasion a police sergeant was called to the Hall and a dance was stopped half an hour before the scheduled time. Inspector Russell said he had told one of the organisers that it was his responsibility to provide sufficient stewards to control the dances. He had also told him that if further complaints were received, they would be brought to the magistrates' notice. Last year a man had appeared before the court for assaulting the police at a dance at the Hall. Inspector Russell said that they were the only dances where they have had any trouble and it was caused by lack of supervision by those running them. Refusing the application, the Chairman of the Bench, Miss EM Arnold, said that if there were any further applications by Empress Entertainments, the magistrates would like a representative to be present.

The annual poultry whist drive, in aid of the Church funds was held. There were 21 tables in play and the vicar, Rev EC Mullins, who was the MC, thanked the following who gave prizes: - Messrs R Badcock, PJ Bishop, PH

Irish, AG Mortimer, HN Mortimer, RG Wornell, WF Anning, HW Quarterley, RW Salway, FA Turner and W Flower; Mesdames AG Biffen, AL Channing, M Hickley, KM Turner, Coles, K Moule, KM Voisey and BM Harris; Misses Lythall, E Merson and P Waterfield; and Lady Pyman. The following were the prize winners: - Messrs Dugdale, Ashman, Berry, Anning, Merson, Beed, Smith, J Turner and L Snow; Mesdames Daniels, Bawler, Chalder, Ashman and Payne; Misses Reason and Grinter. Competition winners were Corporal Pope and Mrs Rose. The net profit was £25 10s and 5d.

115 years ago

The annual meeting of the Taunton and District Nursing Association took place at Canon Lodge, Taunton. The Chairman of the Committee, Mr Wakefield, said that the work of the nurses during the year showed that the Association continued to fully attain the objectives of its establishment. During the past few months, efforts had been made to extend the Association's work at Bishop's Hull. The Treasurer's report was far from encouraging, for the Association faced a deficit of over £95. Nevertheless, the Association had been left a legacy of £500 by their late President, Miss Elinor Lance, and Taunton Carnival had presented them with £32.

A well-attended meeting of the electors of the polling district of Bishop's Hull was held at the Schools, Bishop's Hull, in support of the candidature of the Right Hon Sir A Acland-Hood, the Conservative and Unionist candidate for West Somerset. Mr DR Lyall presided, supported on the platform by JW Urwin and CH Temple, the two speakers to address the meeting, and there were also present: - Colonel Walsh; Major Clarke; Messrs T d'E Hanbury, AW Cowan, J Mayes, EP Peters, J Gregory, G Gregory, A Gregory, M Raban, W Moss, T Torpey, WH Rich, HP Palmer, W Winsborrow, A Gould, S Nash, H Clark, G Windle, G Pring, GH Greed, J Robinson, F Carpenter, W Carpenter, and others, including several ladies. The meeting proved to be a fairly animated one, there being a certain amount of opposition, but the utmost good humour prevailed throughout.

The Annual Parish Meeting for the election of the members of the Parish Council was held at the schools. Mr DR Lythall presided. Those elected were Messrs G Lewis, W Morse, T Bevis, J Gregory, WR Smerdon and T Sully. Unsuccessful were Messrs JA Fry, E Cornish and HJ Wadham. The accounts for the past year as audited by the District Auditor were read and signed, as were the accounts of the Bishop's Hull charities, presented by the Vicar (the Rev RCW Raban). The Vicar called attention to the bad condition of the pathway leading from Netherclay to Frethy. A vote of thanks to the chairman concluded the meeting.

John Hamer

Thought for the day

Write your own Valentine this year

If you are going to send a Valentine this year, why not write your own?

Most poetry – and especially romantic poetry – comes from the heart. It is a way of expressing your emotions, often saying things that you would otherwise be too shy to say. And if you've ever felt the need to write a poem about something you feel deeply – you've already crossed the starting line!

So – how do you start? Inspiration may come from looking at the world around you, in scribbling down your initial thoughts about your loved one... and then mixing them all together. For instance, a rock is solid, dependable, weathered, even! Does that remind you of your loved one? On the other hand, a flower is fragrant, delicate – and fleeting. Does that remind you of your someone?

Looking at Life

No place to park



It is often hard to find a parking space. So, a lot of us are taking chances – and getting caught. As a nation we were handed six million penalty charge notices in

2023 alone, according to recent research by Confused.com, the insurance comparison website. With 42.3 million driving licences on issue, according to the Driver and Vehicle Licensing Agency (DVLA), this suggests that one in seven drivers received a fine for parking offences in 2023.

Rhydian Jones, a spokesman for Confused.com, said: "If you're unsure whether you can park in a space or not, don't take the risk, even if it's only for a few minutes." Parking charge notices handed out by local councils can cost up to £100 for parking infringements, although according to Confused.com the average parking fine is £47.

**

The crime that runs in families



How many parents team up with their offspring to commit fraud? The answer might surprise you. For research has found that nearly one in five young motorists are lying to their car insurers as to who is the main driver of their car. The practise is called 'fronting'. Young drivers claim that a parent is the main driver of the car, not them. Sometimes the parent knows this has happened; but sometimes they do not.

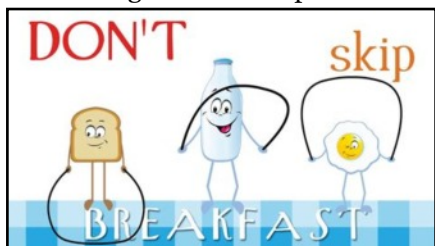
'Fronting' results in a cheaper insurance premium to pay, but it is insurance fraud, and a very real criminal offence. Anyone who is

caught can face a driving ban, having their car seized by the police, and being issued with an unlimited fine. The reason for 'fronting'? Car insurance premiums for newly qualified young drivers have soared to an all-time high. A 17-year-old who has just passed their driving test faces an eye-watering annual premium of about £3,075.

But the AA urges parents to "have open conversations with their young driver about the importance of providing accurate information when applying for car insurance. By doing so, they can help their children avoid the serious legal and financial repercussions associated with 'fronting' and ensure they are driving safely and legally."

**

Middle aged? Don't skip breakfast!



If you skip breakfast in your middle age, it can make you fatter and unhealthy.

Instead, a recent study advises that having a well-balanced breakfast helps manage daily calorie intake and lower cholesterol, BMI and waist size. Breakfast "serves the critical role of breaking the extended fasting period from sleep."

NHS guidelines recommend 2,000 calories a day for women and 2,500 for men. Breakfast should account for a quarter of this: 500 calories for women and 625 calories for men.

The study was carried out at the Hospital del Mar Research Institute in Barcelona. It disregarded the 'full English' breakfast as being too full of saturated fat levels. Instead, it recommends cereals, protein, a healthy fat source, fruits and vegetables.

**

How many minutes of walking might help you avoid a heart attack?



It seems that keeping your heart reasonably healthy may not take a lot of time.

Researchers at the University of Sydney have found a link between short but intense bursts of activity and a significant drop in heart disease among people who otherwise engage in little activity.

Sedentary women who did just 3.4 minutes of "vigorous intermittent" exercise, such as brisk walking or climbing the stairs, each day, suffered 67 per cent fewer cases of heart failure, with an overall reduction in heart disease of 45 per cent, compared to those not exercising at all.

Sedentary men who did 2.3 minutes of exercise, which could include carrying heavy shopping or heavy garden work, saw an 11 per cent reduction in heart attacks and strokes. **

In praise of the humble egg



We love eggs. On average, we eat at least two of them each week, which makes eggs one of Britain's most popular foods.

Eggs are exceptionally good for you – high in protein, containing all the essential amino acids, rich in the B vitamins, vitamin D and A, and choline, and a source of healthy fats. Eggs are also filling, and with 7.5g of protein in less than 80 calories per egg, there are few other foods that can match them for so much protein per gram. They are also inexpensive and easy to cook.

Experts recommend eating one or two eggs a day, and choosing a low-fat way of cooking them, by boiling or poaching. Cooking them in butter is a bit lower in fat than frying them in olive oil. Free-range eggs generally contain more vitamin D.

**

The new trend of clapping in church



Some people are beginning to clap in church, if they are pleased with something.

For tired vicars and timid curates, having a sermon greeted with warm

clapping might be an encouragement, if also a complete surprise.

But the applauding of sermons, or applause at the end of services, also reveals a dark side: churchgoing has now declined to such a degree in the UK, that even the knowledge of 'how to behave' in church is fading.

That leaves some people unaware that in the UK, aside from a few 'mega churches' where American style singing, dancing and clapping is the norm, applause is not something we 'do' in church.

As one vicar puts it: "I think it has to do with cultural expectations. People are less and less familiar with acts of worship directed to God. Instead, they have a sense of a performance."

**

National Nest Box Week – 14th to 21st February

Where can family-minded birds raise their young these days?

As our gardens and parklands become smaller and tidier, too many natural nest sites – such as holes in trees, old buildings and unkempt hedgerows – are rapidly disappearing. No wonder that our sparrows, greenfinches and swifts are in precipitous decline, and that one in four of our UK bird species are now under serious threat.

This makes it more important than ever to care for our remaining birds. By feeding, providing water and putting up nest boxes we can give them a safe space to raise their chicks.

The National Nest Box Week initiative encourages bird conservation across the UK, and it's easy to get involved, whether you're a teacher, part of a local wildlife group,

or just wanting to boost the bird numbers in your own garden.

Visit:

<https://www.countryfile.com/wildlife/birds/national-nest-box-week-how-to-help-birds-in-your-garden>

Danger ahead for Britain's canals

Our historic canals are in danger of disappearing.

Caught in a 'perfect storm' of extreme weather events and funding cuts, the canals could be facing irreparable damage to huge stretches of their waterways. The Canal and River Trust (CRT) warns that even the historic sections of the Grand Union Canal and the scenic Oxford Canal are at risk.

Now the CRT, which is responsible for the upkeep of the country's historic canal network, has launched a major fundraising campaign. Millions of pounds are needed for a programme of replacing ageing lock gates and repairing tunnels and bridges.

The problem is huge because our canal network, dating back to the 1760s, runs for a whopping 2,000 miles, providing a haven for wildlife as well as thousands of jobs along its routes.

But major storms caused almost £10 million of additional repairs to the network in just the past 18 months alone. This included a major landslide involving 4,000 tons of mud on the Oxford Canal, which severed one of the busiest and oldest canals in the country. Then parts of the Grand Union Canal bank and towpath near Leicester collapsed, needing £500,000 of repairs. Elsewhere,

dams were breached and other canals flooded.

Meanwhile, the CRT says the money it receives from DEFRA is set to fall by more than £300 million from 2027.

Yet CRT points out: "Britain's ageing canals are a national treasure. They have been re-purposed for modern society for leisure, recreation and for their wildlife, supporting thousands of jobs and the economy and saving the NHS more than £1 billion annually because of the health and wellbeing benefits they bring to millions of people."

**

That marmalade colour in cats

It has been a mystery for cat lovers everywhere: what makes some cats ginger?

Now – after 60 years of searching – scientists have good news. They have finally found the chunk of DNA that is responsible. The so-called Garfield gene is Arhgap36.

Arhgap36 has been hiding away on the X chromosome, of which males have one copy while females have two. When the Arhgap36 gene is present on a cat's X chromosome, it forces the pigment-making cells in the skin to produce more pheomelanin, leading to the orange morph.

It seems that if a male inherits this gene from either parent, he will be Garfield-ginger, while a female will usually turn calico or tortoiseshell. This may sound simple, but it took two teams of scientists, one at Stanford University in the US and one at Kyushu University in Japan, to find the Garfield gene independently, thereby solving a 60-year mystery. #

EAT WELL FOR LESS DURING JANUARY

EGGS WITH CREAMED POTATOES



Cold boiled potatoes, Butter, Eggs, Milk, Grated cheese Pepper and salt.

Put the potatoes through a masher or sieve. Melt a little butter in a saucepan, add potatoes, stir in a little milk, and mix well until it becomes creamy. Add a little more milk, if necessary. Season with pepper and salt.

Butter a fire-proof baking-dish, and cover with a layer of creamed potatoes, and make as many depressions in the surface of the potatoes as there are eggs. Break the eggs, one at a time, in each depression. Cover with a layer of grated cheese, and bake in a moderate oven until the eggs are set.

CHEESE FRIZZLES



2 tablespoons medium or coarse oatmeal
2 tablespoons of grated cheese

1 tablespoon flour
1 teaspoon baking powder

Fat

Salt and pepper, water.

Mix all dry ingredients together except the baking powder. Add enough water to make a stiff batter. Just before using add baking powder.

Melt a little fat in a frying pan and when smoking hot drop spoonful of this mixture into the hot fat.

Fry till golden brown on both sides. Good with bacon.

TRAVELLERS' SANDWICHES



1/2 lb. of lentils (cooked)
3 oz. of margarine
3 oz. of grated cheese
1 tomato
1 tablespoonful of brown seasoning
Breadcrumbs
Milk or stock if required
Brown bread and butter

Melt the margarine in a saucepan. Cut the tomato and cook it until tender, then mash the lentils and add them to the tomato, and stir well. Sift in the breadcrumbs, cheese and seasoning.

Add a little milk or stock until the mixture is of a creamy consistency, and heat for 5 minutes.

Use when cold, spread between the brown bread and butter.

GOLDEN BOMB PUDDING



8 oz. of self-raising flour
1 lemon
4 oz. of suet
1 small teacupful of browned crumbs
1 lb. of golden syrup
A pinch of salt
1 tablespoonful of brown sugar

Mix flour, salt and suet, add water to make a soft dough.

Grease a basin and coat with brown sugar.

Roll out dough and line the basin, keeping enough for the lid. Put crumbs in the bottom, the whole lemon on top of that, and over all the treacle. Cover with the remainder of the paste, tie over with greased paper. Steam for 2 hours.

JERSEY PUDDING



2 lb. of apples
2 tablespoonfuls of granulated sugar
1 or 2 eggs, and their weight in castor sugar and butter
1 teaspoonful of baking powder
5 oz. of flour
1 gill of water and milk

Peel and quarter the apples, remove core and slice. Cook in a saucepan with water and granulated sugar until mashed. Beat castor sugar and butter to a cream. Add the eggs and beat well; add flour and baking powder, and mix with a little milk. Grease a pie-dish, put the apple pulp in the bottom, and turn mixture on to the apples.

Put into a moderately hot oven, and bake about 1³/₄ hours.

This quantity is sufficient for about six persons.

STRAWBERRY SANDWICH

1 large jam sandwich;
1 lb. of strawberries;
Half a packet of red currant jelly;
1/2 pint of custard;
Cream and sugar.



Lay each half of the sandwich on a large plate, and pour over, very slowly, the hot, dissolved jelly.

When this is cold, mash half the strawberries and mix with the custard, which should be rather stiff. Place this mixture between the two pieces of cake, and decorate the top with blobs of cream and the rest of the strawberries, which should be left whole. If possible use all cream in place of custard.

When whipping the cream, beat with a fork till it is thick, but not buttery, and then add the sugar.

If sugar is added first the cream is inclined to go oily in hot weather.

Gardening in February

Spring is in sight

This month there are signs of the approaching spring, with bulbs appearing and wildlife waking up as day length and temperatures increase. There's plenty to do indoors this month to prepare for the season ahead. Outdoors, as the garden comes to life again, it's time to prune certain shrubs and climbers, such as Wisteria.

Fruit and vegetables+

- Finish winter-pruning fruit trees and soft fruits, including apples, autumn raspberries and blackcurrants
- Chit first-early potato tubers, such as 'Foremost', by standing them in trays in a light, frost-free place
- Prepare vegetable beds for sowing by weeding thoroughly, then cover with a thick layer of garden compost
- Feed fruit trees and bushes by sprinkling sulphate of potash fertiliser around the base to encourage fruiting
- Sow mustard and cress in a small seed tray on a warm windowsill for pickings in just a few weeks
- Put cloches or fleece over strawberry plants to start them into growth and encourage an early crop
- Hunt out overwintering snails huddled in empty pots and hidden corners, to reduce populations. Find out more about how to deter slugs and snails from your garden
- Plant rhubarb into enriched soil, or lift and divide established clumps
- Check if old seed packets are worth keeping by sowing a few seeds on damp kitchen paper, to see if they germinate
- Start planning for your seed sowing year
- Protect the blossom of outdoor peaches, nectarines and apricots with fleece, if frost is forecast
- Plant bare-root fruit bushes, trees and canes, as long as the ground isn't frozen
- Inspect Mediterranean herbs for metallic green rosemary beetles if they start to look nibbled and tatty



Flowers

- Cut down deciduous ornamental grasses left standing over winter, before fresh shoots appear
- Divide large clumps of snowdrops and winter aconites after flowering and replant to start new colonies
- Prune late-summer flowering clematis, cutting stems back to healthy buds about 30cm from the base



- Divide congested clumps of herbaceous perennials and grasses to make vigorous new plants for free
- Transplant deciduous shrubs growing in the wrong place, while they are dormant
- Pot up containers with hardy spring bedding, such as primroses, wallflowers and forget-me-nots
- Prune winter-blooming shrubs such as mahonia, winter jasmine and heathers, once they've finished flowering
- Cut back wisteria side shoots to three buds from the base, to encourage abundant flowers in spring
- Prune buddleja and elder to the base to keep these vigorous shrubs to a reasonable size
- Trim back ivy, Virginia creeper and other climbers if they have outgrown their space, before birds start nesting
- Cut away all the old foliage from epimediums with shears, before the spring flowers start to develop
- Sprinkle slow-release fertiliser around the base of roses and other flowering shrubs

Greenhouse

- Sow sweet peas in deep pots and keep them frost-free in a greenhouse or on a sunny windowsill
- Pot on and pinch out autumn-sown sweet peas to encourage side shoots to form
- Sow summer bedding and tender annuals, including cosmos, lobelia, dahlias, nasturtiums and snapdragons
- Sow tender crops such as tomatoes and chillies in a heated propagator or on a warm sunny windowsill
- Plant dahlia tubers in trays to encourage shoots to develop, which you can then use as cuttings
- Monitor greenhouse temperatures with a max-min thermometer to ensure heaters are working efficiently
- Start planting summer bulbs in pots indoors, including liatris, begonias, gloxinias, lilies, eucomis and agapanthus
- Cut off hippeastrum (amaryllis) flowerheads once they fade, but leave the stalk to die down naturally
- Hand-pollinate the blossom of peaches and nectarines in the greenhouse using a soft paintbrush
- Cut back overwintered fuchsias and increase the frequency of watering to spur them into growth
- Remove any faded or yellowing leaves from overwintering plants to prevent fungal diseases
- Wash greenhouse glazing inside and out to let in as much light as possible ##



Christmas and Easter congregations swell as C of E sees third year of growth

Attendance at Christmas services leapt by 20 per cent in 2023, and the number of worshippers at Easter was up 8.6 per cent, as Church of England congregations experienced a third year of growth, the latest statistics show.

The number of regular worshippers edged above a million in 2023 for the first time since the Covid-19 pandemic, according to the Statistics for Mission 2023 report.

Overall attendance remains below 2019 levels, but the report shows numbers recovering towards the pre-pandemic trend.

Overall weekly attendance at Church of England churches rose to 693,000 in 2023, from 663,000 in 2022, an increase of 4.5 per cent. Meanwhile the number of children attending weekly increased from 90,000 in 2022 to 95,000 (up 4.9 per cent in a year).

The Church of England's overall 'worshipping community' rose to 1,007,000 in 2023, from 982,000 the previous year. Just under two million people (1,961,000) attended services on Christmas Eve and Christmas Day in 2023, up from 1,636,000 in 2022. ##



Write your own Valentine this year

If you are going to send a Valentine this year, why not write your own?

Most poetry – and especially romantic poetry – comes from the heart. It is a way of expressing your emotions, often saying things that you would otherwise be too shy to say. And if you've ever felt the need to write a poem about something you feel deeply – you've already crossed the starting line!

So – how do you start? Inspiration may come from looking at the world around you, in scribbling down your initial thoughts about your loved one... and then mixing them all together. For instance, a rock is solid, dependable, weathered, even! Does that remind you of your loved one? On the other hand, a flower is fragrant, delicate – and fleeting. Does that remind you of your someone? ##



This is a very special gift
That you can never see.
The reason it's so special is
It's just for you from me.
Whenever you are lonely,
Or even feeling blue
You only have to hold this gift
And know I think of you.
You can never unwrap it,
Please leave the ribbon tied.
Just hold the box close to your heart,
It's filled with love inside!

Happy Valentine's Day!!!

14th February - Valentine's Day

There are two confusing things about this day of romance and anonymous love-cards strewn with lace, cupids and ribbon: firstly, there seems to have been two different Valentines in the 4th century - one a priest martyred on the Flaminian Way, under the emperor Claudius,



the other a bishop of Terni martyred at Rome. And neither seems to have had any clear connection with lovers or courting couples.

So why has Valentine become the patron saint of romantic love? By Chaucer's time the link was assumed to be because on these saints' day -14th February - the birds are supposed to pair. Or perhaps the custom of seeking a partner on St Valentine's Day is a surviving scrap of the old Roman Lupercalia festival, which took place in the middle of February. One of the Roman gods honoured during this Festival was Pan, the god of nature. Another was Juno, the goddess of women and marriage. During the Lupercalia it was a popular custom for young men to draw the name of a young unmarried woman from a name-box. The two would then be partners or 'sweethearts' during the time of the celebrations. Even modern Valentine decorations bear an ancient symbol of love - Roman cupids with their bows and love-arrows.

There are no churches in England dedicated to Valentine, but since 1835 his relics have been claimed by the Carmelite church in Dublin.

The first recorded association of Valentine Day with romantic love (1382) is from Geoffrey Chaucer. He wrote, 'For this was Saint Valentine's Day, when every bird cometh there to choose his mate.' This poem was in honour of the first anniversary of the engagement of King Richard II of England to Anne of Bohemia. Valentine Day is referred to by Ophelia in Hamlet (1600-1601).

*To-morrow is St Valentine's day
All in the morning betime
And I a maid at your window
To be your Valentine.*

The modern mention of Valentine's Day can be found in a collection of English nursery rhymes (1784):

*The rose is red, the violet's blue
The honey's sweet, and so are you.
Thou are my love and I am thine
I drew thee to my Valentine.*

DO YOU REMEMBER

50 years ago, on 11th Feb 1975 that Margaret Thatcher became the first female leader of the Conservative Party. She became Britain's first female Prime Minister in 1979.

Also 50 years ago, on 14th Feb 1975 that P G Wodehouse died. This well-loved British-born American comic novelist, short story writer, lyricist and playwright is best known as the creator of Jeeves.

40 years ago, on 16th Feb 1985 that the Islamic militant group and political party Hezbollah was founded in Lebanon.

30 years ago, on 2nd Feb 1995 that the leaders of Egypt, Jordan, Israel and the Palestine Liberation Organisation held an emergency summit in Cairo, where they reaffirmed their commitment to the Middle East peace process.

Also 30 years ago, on 16th Feb 1995 that the environmental campaign group Greenpeace discovered Shell's plan to dump its defunct Brent Spar oil rig in the Atlantic. It launched an international campaign to stop it, and the rig eventually was taken to Norway where it was dismantled and part of it were used to extend a quay.

Also 30 years ago, on 23rd Feb 1995 that James Herriot, veterinary surgeon and best-selling author, died. Best known for his autobiographical book All Creature Great and Small, which was adapted into a popular TV series.

25 years ago, on 11th Feb to 29th May 2000 that the British government suspended the Northern Ireland Assembly, after it failed to strike a deal on decommissioning IRA weapons.

20 years ago, on 7th Feb 2005 that yachtswoman Ellen MacArthur broke the record for the fastest solo circumnavigation of the globe, gaining international renown.

Also 20 years ago, on 10th Feb 2005 that Charles, Prince of Wales, and Camilla Parker Bowles announced their engagement. They were married on 9th April 2005.

Also 20 years ago, on 10th Feb 2005, that North Korea confirmed it had nuclear weapons.

Also 20 years ago, on 14th Feb 2005 that YouTube, the online video-sharing service, was founded. It was purchased by Google in 2006.

Also 20 years ago, on 16th Feb 2005 that the Kyoto Protocol came into effect. The international treaty obliges industrialised nations to reduce their greenhouse gas emissions.

15 years ago, on 18th Feb 2010 that Wikileaks published the first classified documents leaked by US Army intelligence analyst Chelsea Manning. In total, she sent Wikileaks nearly 750,000 sensitive documents. She was arrested and served seven years in prison. ##



Tim's Tech Tips

Taunton Deane's Own
Tech Tips Column

Oh! Where have you bin?

I remember using early home computers in the late 80s. On many computers when you deleted a document from the disk, that was it. Deleted, gone. (Well, if you had some clever software you might get it back). There was no concept of a *recoverable* bin.

Apple's Mac computer was one of the first systems where you had a recoverable bin, where you could get your file back after you deleted it (say by accident). A real boon.

Windows software by Microsoft employed the idea and ever since Windows 95 we have grown very used to the idea the Bin/Trash icon keeps the files you have deleted, until you 'empty' the trash.

The concept is just like the wastepaper basket in our homes. Throw something crumpled up in there - you can get it back tomorrow. All is good until the waste lorry comes and takes your refuse. Then it is *definitely* gone.

As we moved into the world of email we then inherited another Bin. When you delete your emails - usually all the rubbish you never asked for - it goes into the Bin. Much like the bin on your computer desktop - they stay there until you empty out the bin, giving you the chance to get them back.

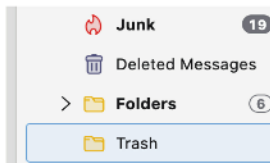
That's all well and good - but now (on your laptop or PC) you have two bins. Which are not the same bin...Hmmm. If you delete, say, a Word document or a photo file from your computer, it goes in the 'files' bin (the one you see on the desktop of the computer) but your emails go into the 'email' bin.

Then you buy an iPhone and want to read your email on there. You log into your email in the Mail app on the phone. And - what I have seen happen on numerous occasions - is a second email bin appears (see graphic on this page). Typically the Bins can be called 'Deleted', 'Deleted Messages', 'Deleted Items', or 'Trash'. And you might have more than one of them! This anomaly is caused by accessing your email on more than one device. EG in Outlook on your Windows Laptop and in Apple Mail on your iPhone.).

Now, when you delete an email which bin does it go in? If you have this issue look in both bins and I bet you will see emails deleted one on device in one bin and emails deleted on your other device in the second bin.

If only there was one bin on your device/computer and *anything* you deleted from any part of the phone sent the item there, finding the items to recover later, would be so much easier.

Then there are 'Junk' or 'Spam, or even 'Bulk Mail' folders. You can end up with multiple folders of that kind also. So, if you know you had something that you deleted and want it back, I get it. I've bin there myself!



By Tim Finch
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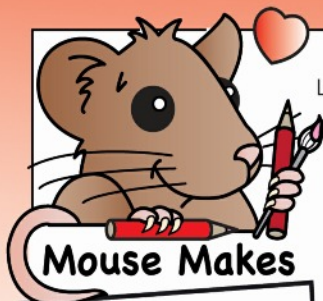
G M TREVELYAN's - English Social History -
A SURVEY OF SIX CENTURIES Chaucer to Queen Victoria

Throughout Tudor times, as for centuries before, 'enclosure' of land with permanent hedges was going on in various forms: the enclosure of waste and forest for agricultural purposes; the enclosure of open-field strips into a smaller number of hedged fields to promote better individual tillage; the enclosure of village commons; and the enclosure of arable land for pasture. All of these forms of enclosure increased wealth, and only some of them defrauded the poor or reduced the population. Some were carried out with the active collaboration of the peasants themselves. Others, especially the enclosure of commons, were deeply resented, and provoked riot and rebellion. In the reign of Henry VII a cry arose against the throwing together of small peasant holdings into pasture farms, as being injurious to population and leading to the 'pulling down of towns' (that is, villages). In 1489 and 1515 Acts were passed to restrain this practice, apparently without result. After that, the proclamations, commissions, and statutes of Henry VIII's middle and later years indicate a growing alarm at the increase of pasture at the expense of arable, and the consequent reduction of the village population. But enclosure does not appear to have been conducted on any large scale except in certain Midland shires where Royal Commissioners were sent to report. And even in the Midlands, enclosure, whether for arable or pasture, must in fact have been very limited, for in these same counties, in the eighteenth century, we find that the open fields and commons of the medieval manors are, with few exceptions, still unhedged and waiting to be enclosed by Hanoverian Acts of Parliament? The amount of noise made over economic and social change is determined, not by the extent and importance of the changes that actually occur, but by the reaction of contemporary opinion to the problem. For example, we hear much of rural depopulation in Tudor times, because it was then regarded as a grave evil. Enclosures for pasture were therefore denounced by More and Latimer and a hundred other writers and preachers, Catholic and Protestant alike. 'Where forty persons had their livings, now one man and his shepherd hath all' — such was the outcry. There were some such cases, and there would have been more but for the agitation and the consequent action by government to restrain such enclosure. But the 'rural depopulation' in Tudor times was only sporadic and local, and was more than made up elsewhere. When, however, 'rural depopulation' really set in on a national scale about 1880, as a result of the import of American foodstuffs, the later Victorians looked on with indifference at this tremendous social disaster, as a natural and therefore acceptable outcome of Free Trade, and did nothing to check it at all. Only in our own day, the fear of island starvation in time of war has attracted some general interest to a problem of rural depopulation twenty times more serious than that which four centuries ago occupied the thoughts of our ancestors as much perhaps as the Reformation itself. Social and economic grievances caused Kett's rising in Norfolk (1549) when the rebellious

peasantry, encamped on Mousehold Heath, slaughtered 20,000 sheep as a protest against the landlords who kept an unconscionable number of their own sheep upon the common lands. But enclosure of arable for pasture was not the grievance in Norfolk, where, a generation later, Camden recorded that the county was 'almost all champion', to wit unenclosed, though he also notes its great flocks of sheep'.

Agrarian trouble had not been to any large extent aggravated by the dissolution of the monasteries. But it was aggravated, as we shall presently see, by Henry's next financial expedient, the debasement of the coinage. The bottom of the trouble lay deeper, in the growing pains of historic change. Society was passing from a system of wide distribution of land among the peasants at easy rents which had prevailed during the shortage of labour of the fourteenth and fifteenth centuries, to a gradual abolition of peasant holdings and their consolidation into larger, highly rented farms. This implied a further reduction of mere 'subsistence agriculture', and a greater production for the market. It may or may not have been a change from a better form of life to a worse, but it was certainly a change from a poorer to a richer countryside. And some such change was necessary in order to feed the increasing number of inhabitants of the island; to multiply the nation's wealth; and to allow the rise of the general standard of living, which modern conditions ultimately brought about at the expense of the old order of life. Sixteenth-century England was ahead of Germany and France in having got rid of the servile status of the peasant, of which little was left in the reign of Henry VII and practically nothing in the reign of Elizabeth. But the agrarian changes of the epoch were beginning another evolution less to the peasants' advantage, which in the course of the seventeenth and eighteenth centuries gradually got rid of the peasant himself, converting him either into farmer or yeoman, or into the landless labourer on the large leasehold farm, or into the town workman divorced from the land. Agrarian discontent in Tudor times was the protest against an early stage of this long process. The circumstances under which it began require further examination here.

Long ago, in the thirteenth century, there had been 'land-hunger' — too many men and not enough land in cultivation - greatly to the advantage of the landlords. But, as has already been noticed, during the next two centuries, largely owing to the Black Death, there had been a glut of land and a hunger for men to till it — to the advantage of the peasant, who had effected his emancipation from serfdom 'under these favouring conditions. And now in the sixteenth century there was land-hunger again. The slow advance of the birth-rate against the death-rate had at last made good the ravages of the Black Death — though its local recurrence still periodically took toll of London and other towns. Only the rich had medical attendance of any value, and even their children died off at a rate that would appal modern parents, 'but was then taken as a matter of course. But in spite of the 'dance of death', a favourite subject for the artists at that time, the population was slowly on the rise, probably reaching four millions for all England. ##



Mouse Makes

"Love is

love is _____
 It does not, _____
 it does not _____
 it is not _____
 it does not _____

others, it is not self-

it is not easily

it keeps no record of

Love delights in

it always

from 1 Corinthians 13:4-7

The steadfast **love** of the Lord never _____;

His _____ never come to an end; they are new every _____

Lamentations 3:20-23

I pray... you will understand... the greatness of Christ's **love**,

how _____

and how _____

and how _____

that **love** is.

Ephesians 3:18-19

God is **love**.

whoever _____

in **love** _____

in God, and God _____

in them.

1 John 4:16

Give _____ to the Lord, for He is

his steadfast **love** endures

Psalm 136:1

HOW DOES GOD **LOVE** ME?

God sent me a saviour:

He sent His one and only Son into the world so that we might have eternal life through Him.

1 John 4:9

God gave me His spirit:

He has given you the Holy Spirit to fill our hearts with His **love**.

Romans 5:5

God called me His child:

See what great **love** the Father has for us that He would call us His children.

1 John 1:3

DID YOU KNOW?

Jesus told us to:

LOVE the Lord your God with all your **heart**, all your **soul** and with all your **mind**.

Matthew 22:37

LOVE your neighbour the same as you **love** yourself.

Matthew 22:39

P T Y D E B P O P T E L T
 E R D L N M A Y R F D G R A
 A U G O D J T H O P E F U L
 C S K V U U I K T S F L T O
 E T P E R S E V E R E S H Y
 K I N D E T N B C S N L F A
 M N I Y S L T W T S D M U L
 I G R A C I O U S E S K L I
 H U M B L E S E L F L E S S

GOD • **LOVE**
 PATIENT • KIND
 GRACIOUS • PEACE
 JUST • TRUTHFUL
 TRUSTING • LOYAL
 HOPEFUL
 PERSEVERES
 ENDURES
 HUMBLE
 SELFLESS
 PROTECTS • DEFENDS



Manna Mailing – February 2025

Caring for our community

Community is at the heart of who we are, a gift from God that calls us to live in relationship with one another. At its best, community reflects God's love – where people come together, share burdens, celebrate joys and support one another through life's challenges. Our faith inspires us to look beyond ourselves. It calls us to respond to the challenges we see and reminds us that true strength lies in the bonds we build with one another, guided by God's presence among us.

This Christmas more than 300 people from all parts of the rural community of Exmoor came together to celebrate as one. Singing in the Ring at Exmoor Farmers Livestock Market was a celebration of Christ's birth but also an opportunity to give thanks for all who are part of their community, and the support and care they offer one another.

Revd David Weir, Rector of Exmoor Benefice who helped organise the event said, "The cattle market is a very significant place for people here on Exmoor. Week in, week out, people gather to buy and sell cattle and sheep. Singing in the Ring is a lovely opportunity to gather in a different way and celebrate all the life that gathers around the market. It is about mutual support for the agricultural community. It is a very special community, and there is a lot of support available, the Hill Farm Network, Farming Community Network, the chaplains, the church, the Health Hub. This was a celebration of all of that."



In a world that often feels fragmented and isolated community offers us a sense of belonging and purpose. As we walk this journey of life, we do so hand in hand, reflecting God's love and sharing His light with the world.

That Big Freeze of 1955

Seventy years ago, from early February 1955 and well into March, a Big Freeze took place in Britain. Deep snow and freezing temperatures caused havoc, with many places cut off. The RAF dropped food and medical supplies to affected areas, while thousands of sheep died from exposure.

Although the winters of 1947 and 1963 have attracted more publicity, 1955 saw severe weather in most parts of Britain, as well as in other parts of Europe and North America.

Snow fell in many areas of the UK from 11th February onwards, with night frosts gradually worsening and blizzards developing over the north of Scotland, where the RAF scrambled to do several rescues: in Caithness the response by emergency services was known as Operation Snowdrop. An exhausting search for a postman from Thurso, who went missing in the deep snow, eventually led to his being found at a remote farm where he had sought refuge.

Several snowploughs were stranded, and the heavy snow spread gradually south, reaching as far as the Scillies and the Channel Islands. In North Norfolk there were 10ft drifts on the coast road, and Lancashire had its worst storm for 14 years. Devon, Cornwall and the Peak District had similar experiences.

More than 70 roads in Britain were blocked by snow, according to the Automobile Association, and hundreds of vehicles were abandoned in snowdrifts. Many parts of the country were cut off from essential supplies, and rail travel was disrupted. Church attendance was also hit, of course.

Temperatures in some places fell below 28F (-3C) – the lowest for 30 years, and February's record UK minimum was set. That year also experienced the last May snowfall of the century, but despite all that, there was plenty of sunshine, and as a total contrast, there was a drought and a heatwave the following summer.



The world of P G Wodehouse



Fifty years ago, on 14th February 1975, P G Wodehouse died. The well-loved British-born comic novelist, short story writer, lyricist and playwright who lived his later life in Long Island, USA is best known as the creator of Jeeves.

He was always a prolific writer, publishing more than 90 books, 450 plays, 200 short stories and much else between 1902 and 1974. He had an unusual first few years, being brought

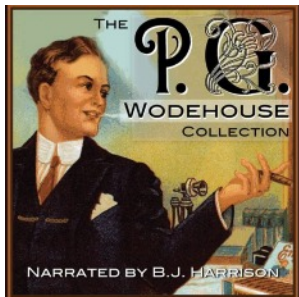
up by relative strangers in England while his parents lived in Hong Kong. He later went to Dulwich College, with which he formed a close attachment.

Wodehouse's genius was primarily in his writing; in person he was described as "dull," and was certainly very shy. Baptised an Anglican, he had an agnostic outlook: Evelyn Waugh once said that Christianity didn't really apply in his work because he – or his characters – had never left the Garden of Eden. He wrote sympathetically about "pious but fallible" curates, vicars and bishops, and his work revealed an unexpectedly deep knowledge of Scripture.

Born in Guildford, he moved to France for tax reasons in 1934 and was later taken prisoner by the advancing Germans in 1940. After his eventual release he made the naïve mistake of making five broadcasts on German radio to the USA, which had not yet entered the war. The broadcasts were humorous and apolitical, but they provoked some anger in Britain, to which he never returned.

Wodehouse took US citizenship in 1955, while retaining his British one. He had always loved America, and his biographers suggested that this "exile" may have benefited his writing, helping him to go on describing an idealised England, rather than the harsher reality of the post-war years.

He died in Southampton, Long Island, New York, a month after he was made a Knight in the Order of the British Empire (KBE).



BOOK REVIEWS

Making the Most of Your Church Wedding

by Ally Barrett SPCK, £5.99

Ideal for use in marriage preparation this booklet that may be bought by clergy to give to couples.

Church of England has invested a great deal of time and money in encouraging church weddings: 2010 figures showed a 4% increase in church weddings (58,700).

Companion to *Making the Most of your Child's Baptism*.

A short, attractive guide to the Anglican wedding service aimed at couples planning to get married. It uses the words and the actions of the marriage service to enable couples to explore the big questions of life, relationships, commitment, God, family and more.

Please note that the contents of this publication are now printed in black and white inside the front cover.

Easter Inside Out - the story as if you were there

By David Kitchen, BRF, £12.99

Step into the Easter story... Acclaimed storyteller David Kitchen reimagines the Easter narrative through a varied cast of characters, from Mary Magdalene to Caiaphas. If you want to understand who might have been where and doing what as the Easter story unfolds, this book gives you answers. It also lets you sense what it could have been like to be one of those involved in the twists and turns of

one of the most extraordinary stories in the whole of history.

THE ACHILLES TRAP

SADDAM HUSSEIN, THE CIA, AND THE ORIGINS OF AMERICA'S INVASION OF IRAQ y Steve Coll

The Pulitzer Prize-winning author returns with a tour de force examination of the events leading up to the 2003 invasion of Iraq.

As Coll, author of *Ghost Wars* and *Directorate S*, points out, Saddam Hussein left thousands of hours of tapes, many of which the author's lawyers extracted from the Pentagon. Though Hussein was a vicious tyrant, Ronald Reagan preferred him to Iran's theocrats, supported his invasion of Iran, and played down his use of poison gas and genocidal atrocities against his own people. Hussein was undoubtedly cruel and paranoid, but his belief that the U.S. favoured Israel was correct.

American support vanished when he invaded Kuwait in 1990. After his 1991 rout, observers assumed that his days were numbered. When he proceeded to crush all opposition, U.S. leaders initially tried to control him by sanctions and actions short of war, such as no-fly zones. Ironically, he'd destroyed his atomic and chemical infrastructure so well that hundreds of inspections turned up little, but his persistent boasting convinced many that he was hiding something. By the late 1990s, a growing number of U.S. officials were urging more aggressive action. At the same time, terrorism had become a worldwide obsession. Hussein

loathed Islamic fundamentalists, but there was no shortage of conspiracy theories about a top-secret connection, including “contacts between Iraq and al-Qaeda.” Upon learning that intelligence agencies couldn’t confirm Hussein’s terrorist plots or the existence of weapons of mass destruction, administration leaders were frustrated. Speaking truth to power was never a CIA strong suit, so the agency obligingly confirmed what did not exist. This helped in the short run because the invasion was widely supported in the U.S. That the invasion ultimately proved disastrous has been well documented by others, but Coll’s unparalleled research into its background turns up a great deal of unfamiliar, illuminating information.

**A MAP OF FUTURE RUINS
ON BORDERS AND
BELONGING**

by Lauren Markham

A remarkable, unnerving, and cautionary portrait of a global immigration crisis.

A journalist’s self-aware exploration of borders and the myths used to draw them.

Markham, author of *The Far Away Brothers*, has spent two decades reporting from some of the world’s most chaotic borders, telling the stories of those left at their mercy. In her latest book, she takes a heartbreaking account—of a fire that decimated a refugee camp on the Greek island of Lesbos and the Afghan youth falsely accused of setting it—and winds it together with her family’s history of immigrating

from Greece, as well as commentary on the entanglement of human migration and existence itself. The author chronicles her interviews with residents of the camp, the legal team for the accused, the Greek residents who surrounded them with varying degrees of hospitality and sympathy, and members of her own family. She also draws from the insight and wisdom of Soviet refugee Svetlana Boym. Greece’s position in the Western imagination—reflected in its myths and its influences on Western thought and even whiteness—and its often misrepresented history, create a thought-provoking and frustratingly circular backdrop for Markham’s endeavour, one often ignored or obscured in even the most probing media coverage. Many of the narrative threads could justify being their own book, and the author’s tight prose, character-driven storytelling, and humility clearly demonstrate the desperation at the heart of forced migration. She effectively calls out the callousness of the creators of, investors in, and patrollers of borders. Markham’s refreshingly self-conscious rumination on the project of a journalist, as well as her understanding of both the potential pitfalls and possible impact of her empathetic text, reinforce her interrogation of the “stories humans have created to make sense of our existence,” the maps we have drawn to depict those stories, and the elusive nature of truth.

A remarkable, unnerving, and cautionary portrait of a global immigration crisis. ##

SMILE LINES

Lion

A Sunday school teacher was telling her youngsters about Daniel and the Lion's Den. To illustrate the lesson, she drew a picture of Daniel standing, brave and confident, with a group of lions around him. Suddenly, one little girl started to cry. The teacher said, "Don't cry. The lions are not going to eat Daniel."

Snuffling back the tears the girl replied: "That's not what I'm crying about. That little lion, over in the corner, isn't going to get anything to eat."

No news

A traveller was marooned in a small town because of a landslide caused by heavy rain. It fell in torrents for three days. Looking out of the window of the restaurant, he finally remarked to the waitress: "This is like the flood."

"The what?"

"The flood. Surely you have heard about the great flood and Noah and the Ark?"

"Sorry, sir," she replied. "I haven't seen a newspaper for four days."

Daddy

Policeman to the vicar, found pacing outside the vicarage at three o'clock in the morning: "What are you doing here?"

Man: "I forgot my key, officer, and I'm waiting for my children to come home and let me in."

Taste

A woman wasn't feeling well and went to A&E. The nurse asked

her: "Have you experienced a sudden loss of taste?"

"No," admitted the woman sadly.

"I've always dressed this way."

The gift.

Knowing that the minister had a very sore toe, an elderly woman presented him with a bottle of cherry brandy.

"This is quite soothing, the woman said, "but please don't tell anyone I gave you liquor. Everyone thinks I am a teetotal."

"I understand," replied the good man. When the church magazine came out a few days later, the congregant skimmed the "With Appreciation" column. There she read: "The minister extends his thanks to Mrs. Alice Rodgers for her gift of fruit and the spirit in which it was given."

The Good Old Days!

Grandpa was always going on about the good old days, and the lower cost of living, in particular to his grandson.

"When I was a kid, my mom could send me to the store, and I'd get a salami, two pints of milk, 6 oranges, 2 loaves o' bread, a magazine, and some new blue jeans... all for a dollar!!

"Grandson, "You can't DO that any more..... they got those darn video cameras everywhere you look."

A wife arrives home late at night from a business trip and quietly opens the door to her bedroom. But she notices four legs instead of two peeking from under the blanket!

Seized by a fit of rage, she reaches for the baseball bat and starts hitting the blanket until the screaming stops.

Still in shock, she lurches to the kitchen to have a drink. As she enters, she sees her husband there, reading a magazine.

"Oh welcome home darling," he says, "my parents came for a visit, so I let them have our bedroom. I hope you said hello."

I went to a new family doctor today. The waiting room was spacious, new renovation, nice and beautiful nurses. And it got a sign:

"We respect our patients' privacy, we will not call you by name".

Quite good eh, I thought.

Completed the registration, I sat down in the waiting area, reading the latest car magazine. A moment later, the nurse speak with the mic:

"The man age 32, with haemorrhoids, please proceed to examination room number 3".

Mother in law

“Your mother has been with us for 20 years,” said John. “Isn’t it time she got a place of her own?”

Helen’s brow furrowed, and she replied, “I thought she was your mother.”

Two cows were standing in a field.

“Have you heard that mad cow disease is going around?” asked the first. “Yeah,” the other cow replied. “Makes me glad I’m a penguin.”

At a party, a woman admonished her husband, saying, “That’s the fourth time you’ve gone back for ice cream and cake. Doesn’t it embarrass

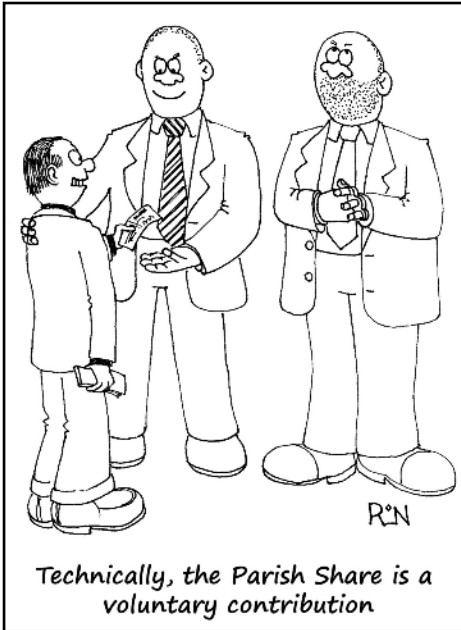
you?” He shrugged and answered, “Why should it? I keep telling them it’s for you.”

Why should you knock on your refrigerator door before opening it?

There may be salad dressing in there.

Those notices which didn’t come out quite right...

- Notice in health food shop window: Closed due to illness.
- Spotted in a safari park: Elephants, please stay in your car.
- In a Laundromat: Automatic Washing Machines. Please remove all your clothes when the light goes out.
- This coming Sunday our special service will be gin at 11:00am.
- When parking on the north side of the church, please remember to park on an angel.
- Jean will be leading a weight-management series Wednesday nights. She’s used the programme herself and has been growing like crazy!
- Volunteers are needed to spit up food for distribution.
- This evening at 7:00pm there will be a hymn sing in the park across from the Church. Bring a blanket and come prepared to sin.
- The King's Bras will present a concert at our church this evening at 6:00pm. ****



Regular weekly events

MONDAYS

10.00-11am Nia (Dance fitness) HUB
10.00-12noon Painting Group FBC
1.30-4.00pm Whist Club FBC
2.00-4.00pm Bridge (except 1st
Monday) FBC
6.15-7.15pm Zumba HUB
7.30pm Tone Big Band (1st & 3rd
Mon) HUB

TUESDAYS

6.15-7.00am Group Fitness Training
HUB
10.30-11.30am Qigong HUB
1.30-2.30pm Tai Chi HUB
10.00-4.00pm Board Games FBC
7.00-8.00pm Yoga HUB

WEDNESDAYS

10.00-11.00am Pilates for Everyone
HUB
10.00- 11.00am Flexercise FBC
11.00-12noon Mum and Baby Pilates
HUB
2.00- 4.30pm Short Mat Bowls HUB
6.00- 7.00pm Tae Kwon Do HUB

THURS DAYS

6.15-7.00am Group Fitness Training
HUB
10.00-12noon Baby Badgers HUB
10.00-12noon Bridge Club FBC
2.00-4.00pm Croquet FBC

FRIDAYS

8.30-1.00 pm Star Bubs HUB
10.00-12noon Pétanque FBC
10.00-12noon Frank's Café FBC
4.45-8.15pm Martial Arts HUB

SATURDAYS

6.30-7.15am Group Fitness Training
HUB
9.30-11.30am Hub Gardening Club
HUB
9.00pm Bingo Con Club

USEFUL CONTACT NUMBERS

YOUR SOMERSET COUNCIL COUNCILLORS

John Hunt (Independent)
07880 794554
john.hunt@somerset.gov.uk
Cllr Caroline Ellis 07473 119425
cjellis1968@googlemail.com

Your Member of Parliament

Gideon John Amos Lib/Dem

SUPPORT AVAILABLE FOR RESIDENTS

Taunton Citizens advice - 0808 278
7842

Village Agent - 01823 331 222

Mindline, a 24/7 phoneline available
to support people of all ages offering
a listening and advice service for
wellbeing. You can call Mindline on
01823 27689. Information about
childcare [http://www.
childcarechoices.gov.uk/](http://www.childcarechoices.gov.uk/)

Taunton Foodbank
[https://taunton.foodbank.org.uk/get-
help/](https://taunton.foodbank.org.uk/get-help/)

Free support and advice about:
Money, food, home, health and
wellbeing, domestic abuse, problems
with drugs and alcohol and
parenting visit:

[www.connectsomerset.org.uk/help4
all](http://www.connectsomerset.org.uk/help4all)

BISHOP'S HULL FACILITIES

BH Parish Council - Helen
McGladdery 07518144614
clerk@bishophullparishcouncil.go
v.uk

BH Pre School - 07928 950230
BH Primary School - 331624
Castle School - 274073
Spring Nursery - 793506

**Community Room & School Hall
- Rick Moon 354908**

Frank Bond Centre - Nadia 07958
246046

Neighbourhood Beat Team

PCSO Lyndsay Smith & PCSO
Marshall Bernhardt
Call 101 or 999 in emergency
lyndsay.smith@avonandsomerset.police.uk
marshall.bernhardt@avonandsomerset.police.uk

Robin Close Hall - 356389

St Peter & St Paul Parish Church
Rev. Phil Hughes 336102

BISHOP'S HULL ORGANISATIONS

BH Flower, Fruit and Vegetable Show
- Amanda Gallacher 337720

Bishop's Hull HUB - 07500 748 609
booking: bhhubbookings@gmail.com
General enquiries and events:
bishopshullhub@gmail.com
Bishops Hull Hub cafe -
bishopshullhubcafe@gmail.com

BH Short Mat Bowls - Alan Chapman
01823 630641
bhsmbc@yahoo.com

BHVH & Playing Fields Trust - Paul
Bulbeck 283941

BH WI — Sue Hazelwood 01823
323986

British Martial Arts and Boxing
Association Tae Kwon Do
alecmhay@aol.com

Brownies - Sheena Grinter 331184

Community Woodland Volunteer -
David 272415

Nia (Dance Fitness) - Jackie
07949735139

FBC Activities - Carolyn 283941

Infinity Martial Academy - Jon 07736
714370
jonakkc@hotmail.co.uk
Pilates - Larissa
lapilates7@gmail.com / larissa@la-
pilates.com

Somerset Hills Chorus - Brenda
Palfrey 07857 244272

Tae Kwon Do - Sebastian Morey-
Weale 07900 517767

Tai Chi - Bev Fernandes 07880
555984

Zumba - Felicity 07939 580327

**REFUSE / RECYCLING
/GARDEN COLLECTIONS**

Dates below taken from Somerset
Council Website.

Please note new day for recycling and
refuse collections.

**Recycling: Every Thursday - all
areas**

**BISHOP'S HULL, SHUTEWATER,
UPCOTT & BARR**

Refuse: Thursday
Garden: Monday
RUMWELL
Refuse: Thursday
Garden: Wednesday

STONEGALLOWS

Refuse: Thursday
Garden: Monday

**BH COUNCIL PRIVACY
STATEMENT AND POLICY**

[http://www.bishopshull.org.uk/
Parish/BHPCprivacyNotice.pdf](http://www.bishopshull.org.uk/Parish/BHPCprivacyNotice.pdf)
[http://www.bishopshull.org.uk/
parish/BHPCprivacyPolicy.pdf](http://www.bishopshull.org.uk/parish/BHPCprivacyPolicy.pdf)

SERVICES AT ST PETER & ST PAUL FEBRUARY 2025

Sunday 1 February Candlemass	Holy Communion Holy Communion	8:00 a.m. 10.00 a.m.	Malachi 3:1-5 (961); Luke 2:22-40 (1028)	Sally Adams
Wednesday 5 February	Holy Communion	10.00 a.m.		
Sunday 8 February 4th before Lent	Holy Communion Holy Communion	08:00 a.m. 10.00 a.m.	I Corinthians 15:1-11 (1156); Luke 5:1-11 (1032)	Rosemary Lockley
Wednesday 12 February	Holy Communion	10.00 a.m.		
Sunday 15 February 3rd before Lent	Holy Communion Holy Communion	08.00 a.m. 10.00 a.m.	I Corinthians 15:12- 20 (1156) Luke 6:17-26 (1033)	Shirley Stapleton
Wednesday 19 February	Holy Communion	10.00 a.m.		
Sunday 23 February 2nd before Lent	Holy Communion Holy Communion	8:00 a.m. 10.00 a.m.	Revelation 4:1-11 (1236); Luke 8:22-25 (1037)	Christabel Ager
Wednesday 26 February	Holy Communion	10.00 a.m.		



GRASS CUTTING
Stuart English

CHURCH DIRECTORY (01823)

Church web site: www.stpeterandstpaul.org.uk

Vicar: **Rev. Philip Hughes**
336102
(Usual day off - Friday)
phil2overflowing@gmail.com



Rev Philip Hughes

Church Wardens: Tim Venn John Perry

Treasurer Rachel Horder

Electoral Roll Officer

Safeguarding Officer: Sally Adams (co-opted PCC member)

Other PCC Members - Mark Dakin Sue Martin
Shirley Stapleton

Tower Secretary: Giles Morley 430710

St Peter and St Paul's PCC 2024-2025

1. Rev Phil Hughes (Vicar)
2. Tim Venn (Church Warden)
3. John Perry (Church Warden)
4. Rachel Horder (PCC Treasurer)
5. Sally Adams (Parish Safeguarding Officer, co-opted PCC member)
6. Mark Dakin
7. Sue Martin
8. Shirley Stapleton



9. And you? The PCC is a great team to belong to and is there to assist the Vicar in the Mission and function of the church. If you think God may be calling you to serve in this way there are lots of opportunities, so do have a chat with one of the fab team!